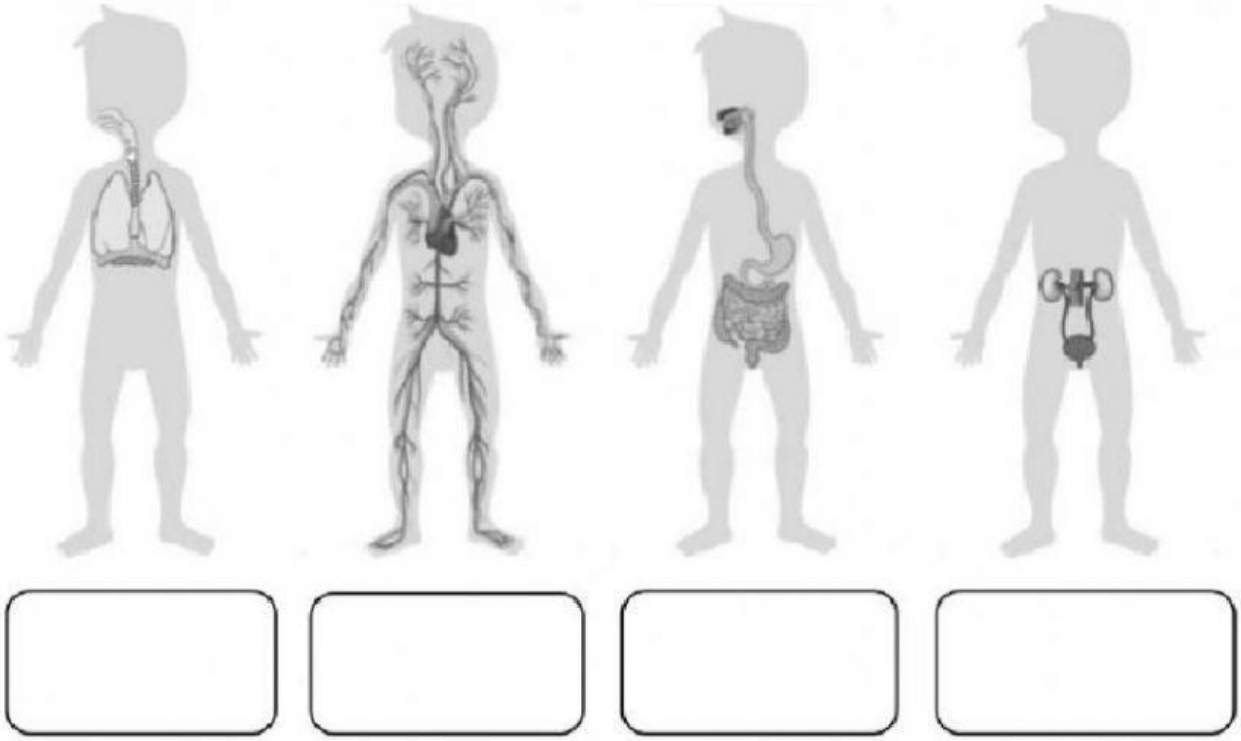
HUMAN BODY TEST

1. Match each process involved in nutrition to its body system and function.

- Digestion (Digestive system)
- Respiration (Respiratory system)
- Circulation (Circulatory system)
- Excretion (Excretory system)

- Oxygen and nutrients are carried in the blood
- You absorb the nutrients your body need
- You breathe in air and obtain the oxygen you.
- You expel the waste materials that your body does not use.

2. Write the system's name:



3. Types of nutritiens (match):

CARBOHYDRATES AND FATS

PROTEINS

VITAMINS AND MINERALS

WATER

- Help our body to grow and function correctly, Ex.: Meat, fish, eggs, milk, cheese, pulses.
- Needed to stay alive.
- Give energy. Ex.. potatoes, cereals, rice, bread, pasta, oil, butter
- Regulate the body and protect us against illnesses. Ex.: fruits, vegetales.

LIVEWORKSHEETS