

QUANTITY EXPRESSIONS

Complete the conversation with the correct word.

Paul: I would like to have a healthy diet. What do you recommend?

Ana: Most importantly, don't eat too sugar. Sugar is very bad for your health.

Paul: Ok. Cut sugar. What else do you recommend?

Ana: I noticed that you eat too cookies. Limit it to one cookie a day.

Paul: Oh, but I love cookies.

Ana: I noticed. But you don't eat vegetables. You need to have fruits and vegetables in your diet.

Paul: Ugh. I hate vegetables.

Ana: They are not so bad. Start slowly and you'll see. Also, you need to make sure to drink water. It is important to stay hydrated.

Paul: That's easy. I already drink a lot of water.

Ana: Yes, that's true. But you also drink too sodas. You will need to cut down on those.