Health and Family Life
All About Kindness

Section A. Fill in the blank

Using the words in the text box, fill in the correct word. Each word can only be used once.

Uncaring	Selfish	October 14th	November 13th	Considerate
	Myself	Others	My Dog	Global

1. Kindness is the quality of being friendly, generous and _____.
2. World Kindness Day promotes the importance of being kind to _____, _____, and the world.
3. World Kindness Day is celebrated on _____.
4. World Kindness Day is _____.

Section B. True or False

Write True of the statement is True, and False of the statement is False.

5. Pushing someone down on the playground is an act kindness. _____
6. Cleaning your room without being asked is an act of kindness. _____
7. Helping someone who is struggling is an act of kindness. _____
8. Lying on someone's name is an act of kindness. _____

Section C. – Short answers

List 3 benefits gained from being kind to others.

9. _____
10. _____
11. _____

Section D.

List 5 Kindness synonyms.

12. _____
13. _____
14. _____
15. _____
16. _____