0.7 Sport

Grammar: *must, have to* and *should*
Vocabulary: Sport

SHOW WHAT YOU KNOW

1 **In pairs, list all the sports you can think of in sixty seconds.**

2 **Put the sports from Exercise 1 in the correct group. Some sports can go in more than one group.**

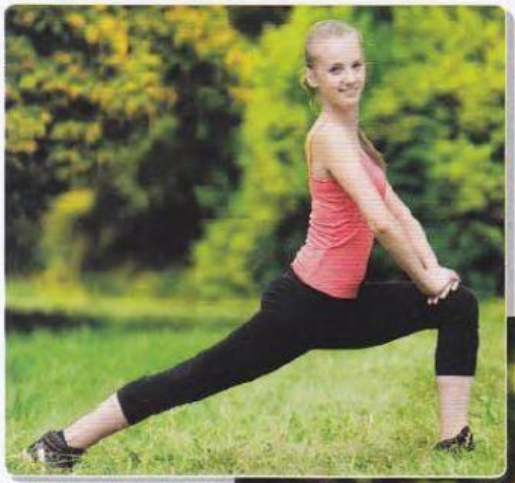
1 team sports: football,
2 indoor sports: _____
3 sports that collocate with *play*: football,
4 expensive sports: _____
5 sports you have tried: football,
6 sports you don't like: _____

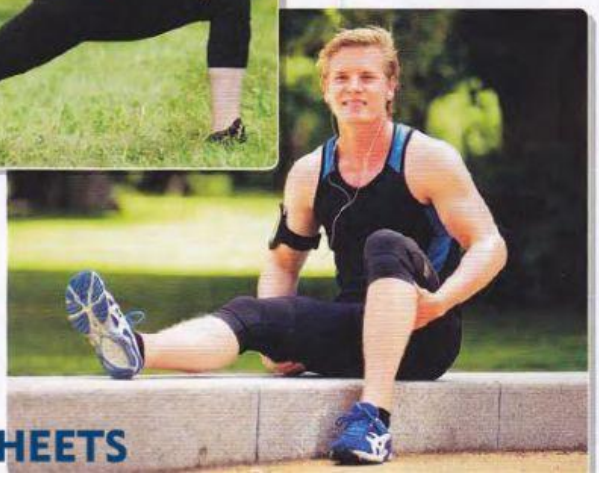
3 **Complete a sports teacher's sentences with *must* or *mustn't*. Which sport do you think he/she is teaching?**

1 You _____ respect the other team.
2 You _____ accept the referee's decisions.
3 You _____ argue with the referee.
4 You _____ keep your eye on the ball.
5 You _____ criticise your own team mates.
6 You _____ get angry when you lose.

4 CD-1.9 MP3-9 **Listen to a gymnast and a triathlete talking about their diets. Answer the questions. Write G (gymnast) or T (triathlete).**

1 Who has to train seven hours a day? ☐
2 Who mustn't eat more than 1,500 calories a day? ☐
3 Who has to eat six times a day? ☐
4 Who mustn't eat after 5 p.m.? ☐
5 Who has to eat a lot of carbohydrates (e.g. pasta)? ☐
6 Who has to have protein (e.g. fish) for lunch? ☐





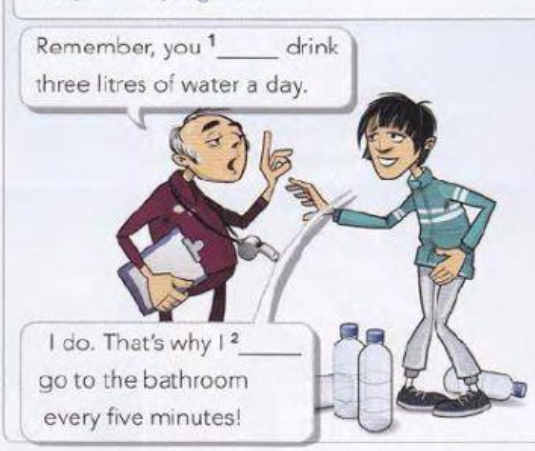
5 CD-1.9 MP3-9 **Based on the interview in Exercise 4, complete the advice for a triathlete with *should* or *shouldn't*.**

Before a race, a triathlete:
1 _____ drink lots of water.
2 _____ eat things like rice and pasta.
3 _____ eat lots of red meat.
4 _____ rest and sleep at least eight hours.
5 _____ drink coffee.

6 **Read REMEMBER THIS. Then complete the cartoon captions with *should* or *have to*.**

REMEMBER THIS

- You use ***must*** and ***have to*** to say, 'This is necessary.'
- You use ***mustn't*** to say, 'Don't do this.'
- You use ***should*** (or ***shouldn't***) to say, 'This is (or isn't) a good idea.'



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7 **Rewrite the sentences using *should, shouldn't, mustn't* or *have to*.**

1 It is necessary for sumo wrestlers to be very heavy.
Sumo wrestlers _____.
2 If you're a woman, don't enter the *dohyo* (or sumo ring).
Women _____.
3 It's a good idea for a sumo wrestler to eat around 20,000 calories a day.
Sumo wrestlers _____.
4 When you watch a sumo training session, don't speak.
When you watch a sumo training session, you _____.
5 It is necessary for sumo wrestlers to throw salt into the ring at the beginning of a match.
Sumo wrestlers _____.
6 It isn't a good idea for sumo wrestlers to show their feelings.
Sumo wrestlers _____.

8 **Write three sentences about your favourite sport. Use *should/shouldn't, must/mustn't* and *have to*. Then compare with a partner.**

Before you run, you should stretch.

LIVEWORKSHEETS