FILL IN THE BLANKS WITH THE MISSING WORD

keep - healthy - take - do

If you're diagnosed with diabetes, you need to eat _____, _____ regular exercise and _____ regular blood tests to ensure your blood glucose levels _____ balanced.

swelling - damaged - working - build up - weakness

When your kidneys are _____, waste and fluids can _____ in your body. That can cause _____ in your ankles, nausea, _____, poor sleep, and shortness of breath. Without treatment, the damage can get worse and your kidneys may eventually stop _____.

LIVEWORKSHEETS

MATCH THE COLUMNS

YOU WILL LIVE LONGER	YOU WILL BE TIRED THE WHOLE DAY
IF YOU GET HIT TOO HARD	HE WILL GO TO THE DOCTOR
IF HE DOESN'T FEEL BETTER TOMORROW	IF YOU FEEL TOO STRESSED
YOU SHOULD EXERCISE REGULARLY	IF YOU STOP SMOKING
YOU SHOULD TAKE A BREAK	WHEN YOU ARE TOO TIRED
IF MELISSA FEELS BAD TOMORROW	YOU WILL GET A BRUISE
IT'S DIFFICULT TO CONCENTRATE	SHE WILL STAY IN BED
IF YOU DON'T REST WELL	IF YOU WANT TO BE HEALTHY

LIVEWORKSHEETS