

Matura bez problemu – zadania tekstowe 3

Przeczytaj tekst. Po każdym akapicie zdecyduj, czy zdania podane poniżej wyrażają prawdę - 'true', czy fałsz - 'false'.

According to recent data about 21 percent of adult smokers used e-cigarettes in 2016, which is more than double the rate in 2015.

a) **In 2016 twice as many smokers used e-cigarettes as in the previous year.**

E-cigarettes are battery-powered cartridges filled with a nicotine liquid that, when heated, creates an inhalable mist. Little is known about the long-term health effects of the products. Yet, complaints of injury linked to e-cigarettes from burns and nicotine toxicity to respiratory and cardiovascular problems have jumped over the past year as the devices become more popular.

b) **Although the side-effects of the use of e-cigarettes are still unknown more and more users express their satisfaction with them.**

The complaints from the public included trouble breathing, headache, sore throat cough, dizziness, nose bleeds, chest pain or other cardiovascular problems and allergic reactions such as itchiness and swelling of the lips. However, the health problems were not necessarily caused by e-cigarettes. Some evidence suggests that e-cigarette use may lead to dropping the smoking habit, but definitive data are not available.

c) **Officials are sure that certain side-effects of e-cigarettes may discourage people from smoking at all.**

Still, the findings from the preliminary studies have become tough evidence in the campaign around the devices, which allow users to inhale nicotine without the damaging tar produced by conventional cigarettes. Public health officials claim that the devices may encourage non-smokers, particularly young people, to try conventional cigarettes whereas e-cigarette advocates have argued that they simply provide a safer alternative for smokers.

d) **Young people may want to pick up smoking traditional cigarettes after trying the e-cigarettes.**