

Name: _____ Group: _____ Date: _____

Drag the words from the box and drop them in the correct space.

habits	strong	healthy	diet	stress
pressure	likely	disease	exercising	cause

1. My father is very _____. He can lift 150 pounds. (68 kilograms)
2. There are many reasons for obesity but eating junk food is the main _____ for that.
3. My ankle is extremely painful if I put any _____ on it.
4. All that _____ at work had begun to drag him down.
5. People should have healthy eating _____ to live longer.
6. He is driving very fast. I think he is _____ to have an accident.
7. If you want to reduce your weight, I advise you to go through a healthy _____.
8. _____ everyday makes your heart better.
9. Smokers suffer from different kinds of _____ like cancer and asthma.
10. Apples and oranges are just two examples of _____ food.