

3 Complete the paragraph with a word from the box. There are some extra words.

at risk	illness	awareness campaign	obesity
life expectancy	screen	prevention	physical education

Children today are not exercising as they did in the past; they spend hours watching TV or playing video games. This leads to weight-gain and puts children ¹ _____ of ² _____, because they're not burning the calories they take in. We need to change this quickly through ³ _____; we should not wait till the problem starts and then try to fix it. Starting an ⁴ _____ is useful, however it's not enough. If a child seems unhealthy, they should undergo a health ⁵ _____. If we don't promote healthy habits, the ⁶ _____ of the population could drop.