

Name: _____

Date: _____



GENIUS CHALLENGE

HUMAN BODY SYSTEMS

1. Fill in the blanks using the following words: **circulatory, muscular, digestive, respiratory**

When exercising, your _____ system helps you get oxygen from the air, and your _____ system helps move the oxygen throughout your body.

2. True or false: the body is made up of only four systems that all work together.

3. Which body system includes the heart? _____

4. Which body system includes the lungs? _____

5. True or false: chewing your food is the first step of digestion. _____

6. When Dr. Jeff pedals the bike, what three major body systems he is using?

1. _____ 2. _____ 3. _____

7. Which body systems is your blood a part of? _____

8. Fill in the blanks using the words **increases, decreases, or stays the same**.

When you exercise, your heart rate _____ and your breaths per minute _____.

9. Fill in the blanks using the words **contract and relax**.

When you straighten your leg, the muscles on top of your leg _____ and the muscles on the bottom of your leg _____.

10. What does oxygen hitch a ride on to move from the lungs to the blood and eventually the heart?
