

**READ THE INFORMATION BELOW, THEN RESPOND TO THE QUESTIONS THAT FOLLOW.**

**How should we take care of the sense organs?**

We should look after and take proper care of our sense organs. We must keep our sense organs clean and protect them from damage.

**The eyes:**

- Eyes are the most delicate organs. We should be careful to protect the eyes from injury.
- We should wash our eyes daily with fresh, clean water.
- We should not rub or touch the eyes with dirty fingers or a dirty handkerchief.
- Always study or read in proper light.

**The ears:**

- We should not clean the ears with any sharp or pointed object. This could damage the eardrum.
- We should cover our ears if there is a very loud sound.

**The nose:**

- When you wash your face every morning blow your nose to clean it.
- Always use a clean tissue paper or a handkerchief to clean your nose.

**The tongue:**

- We should clean our tongue every morning when we brush our teeth.

**The skin:**

- Clean every part of your body while taking a bath.
- Dry your body with a clean towel before you wear fresh clean clothes.
- Change undergarments daily.

**Note:**

Care of the body is care of the skin.

**I. Match the following:**

- |             |            |
|-------------|------------|
| (i) smell   | (a) eye    |
| (ii) sight  | (b) nose   |
| (iii) touch | (c) ear    |
| (iv) sound  | (d) tongue |
| (v) taste   | (e) hand   |

**II. Answer the following question:**

- (i) What connects the sense organs to the brain? \_\_\_\_\_
- (ii) Name two important functions performed by the ear.  
\_\_\_\_\_ and \_\_\_\_\_
- (iii) How should we take care of our ears?

**III. Fill in the blanks:**

- (i) The \_\_\_\_\_ tell us about the shape, size and colour of an object.
- (ii) The \_\_\_\_\_ pick up sounds around us.
- (iii) \_\_\_\_\_ on the tongue tell us about the different tastes.
- (iv) We should keep our \_\_\_\_\_ clean and protect them from damage.

**IV. Mark a tick (✓) or cross (X) against each given statement:**

- (i) We should not touch our eyes with dirty fingers.
- (ii) We should clean our ears with a sharp or pointed object.
- (iii) Use a clean tissue paper or handkerchief to clean your nose.