How often...? / Expressions of frequency

Read the first sentence, then complete the second one in a way it has the same meaning.

1 They study Art on Mondays and Fridays. They study Art _____ a week.

2 I go to the cinema every Sunday. I go to the cinema _____ a month.

3 She plays tennis on Tuesdays. She plays tennis _____ week.

4 My parents go to the supermarket on Saturdays. They go shopping _____ Saturday.

5 They have a holiday in the summer. They go on holiday once _____ .

6 I brush my teeth after breakfast, lunch and dinner. I clean my teeth _____ day.

Complete the sentences with an expression of frequency.



1 Jake gets up early on Mondays, Tuesdays, Wednesdays and Thursdays.
He gets up early four _____ a _____ .

2 She watches TV seven days a week. She watches TV _____ day.

3 My parents go swimming every Saturday and Sunday.
They go swimming _____ weekend.

4 My relatives visit us at Christmas and Easter. They visit us _____ a _____ .

5 My English teacher gives us homework every Tuesday.
She gives us homework _____ a _____ .

6 My dad always cooks dinner on Sundays. He cooks dinner for everybody _____ a week.

Write questions with the Present simple tense. Then give a personal answer by using an expression of frequency.

1 How often / your parents / go shopping?

2 How often / your mum / cook pasta?

3 How often / you / go swimming?

4 How often / your dad / go to work?

5 How often / you / go on holiday?

LIVEWORKSHEETS