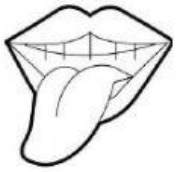
مدرسة الريادة المشرقة
BRIGHT RIDERS SCHOOL

GRADE 2 (2020- 21)

EVS WORKSHEET **UNIT : Our Body**

NAME: _____ **DATE: _____**



I. Tick the correct answer and write in the blank:

1. The soft parts of our body are called _____ (bones/muscles).

2. Our _____ help us to feel and know the world around us.

(legs / sense organs).

3. Our_____ helps us to taste different types of food (tongue/skin).

4. We have about (600 / 800) _____ muscles in our body.

5. Parts of the body that can be seen by us are called _____ organs.

(internal/external).

II. Fill in the blanks using the words given in the brackets:

(bones, muscles, skeleton, 206, brain, posture)

1. Human body has _____ bones.

2. The _____ gives shape and support to the body.

4. Regular exercise helps to keep our _____ and _____strong.

5. The way in which somebody holds his/her body is called _____.

6. _____ is the control centre of our body.

III. **Fill in the correct word to complete the sentences:**

Wash your _____
before each meal

Brush your _____
after every meal

Cut your _____
regularly

Get enough _____
every night

III a. **Which posture is correct? picture 1 or 2. Give reasons for your answer**.

picture 1

picture 2

_____

_____

_____

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ANSWER KEY

I. Tick the correct answer and write in the blank:

1. The soft parts of our body are called muscles (bones/muscles).

2. Our sense organs help us to feel and know the world around us. (legs / sense organs).

3. Our tongue helps us to taste different types of food (tongue/skin).

4. We have about (600 / 800) 600 muscles in our body.

5. Parts of the body that can be seen by us are called external organs. (internal/external).

II. Fill in the blanks using the words given in the brackets:

(bones, muscles, skeleton, 206, brain, posture)

1. Human body has 206 bones.

2. The skeleton gives shape and support to the body.

4. Regular exercise helps to keep our bones and muscles strong.

5. The way in which somebody holds his/her body is called posture.

6. Brain is the control centre of our body.

III. **Fill in the correct word to complete the sentences:**

Wash your hands
before each meal

Brush your teeth
after every meal

Cut your nails
regularly

Get enough sleep
every night

III a. **Which posture is correct? picture 1 or 2. Give reasons for your answer**.

picture 1

picture 2

The posture in the picture 1 is correct. While sitting we should not bend our shoulders and should keep our back straight.

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