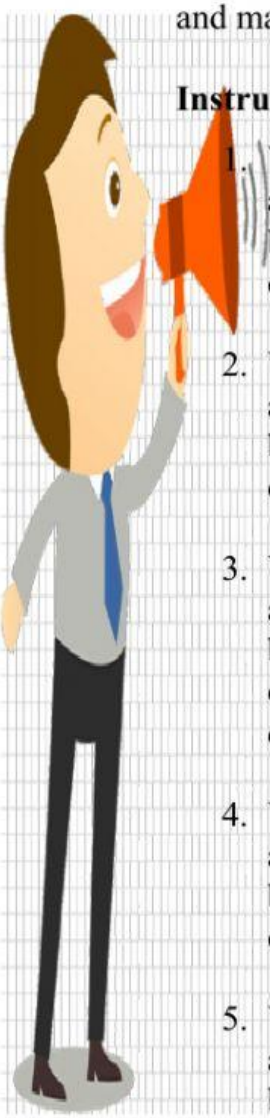
Health and Family Life

Name: _____ Grade 9

Communication

Communication is the exchange of information, ideas, feelings and thoughts. Communication is sending and receiving information or the transmission of information and meaning from one party to another through using shared symbols. There are Three Elements that are necessary for Communication to take place. The message must be understandable for communication to take place. The message sender must be able to decode the message and give some feedback. Communication can be described as EFFECTIVE or INEFFECTIVE. Effective communication means that the message is fully understood. Ineffective communication means that communication is not clear and may be impeded or hindered by one or more barriers.





Instruction: Write the correct **LETTER** in the **box**

1. Which statement best describes communication?
   a. It is talking to someone.
   b. It is an exchange of your ideas and feelings.
   c. It is best done talk to yourself.

2. What are the elements necessary for communication to occur?
   a. Sender, message and receiver.
   b. Sender, marrow and receiver
   c. Songbird, message and reservoir

3. Which is the BEST way to communicate?
   a. Interrupt them if you don't like them
   b. Criticize them if you don't like what they are saying
   c. Call them names if you don't like what they are saying
   d. Listen when others are speaking

4. Which of the following best describes responding correctly to a message?
   a. Silence
   b. Being assertive
   c. Feedback

5. Which of the following does NOT demonstrate effective communication?
   a. Listening
   b. Feedback
   c. Clear Purpose
   d. Distraction

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Family Life