

5 Careers and vocations

Lessons 11–12 **Career planning**

- Do you know what career you would like in the future?
Why do you think this is a good choice for you?

Vocabulary

Every time a magazine is published it's called *an issue*.

Reading

1 Skim-read the article. What is the main topic of the interview?

a The best jobs to apply for b Tips for career planning c How to research the best job

In today's issue, we're interviewing Dr John Grey, a career planning specialist at the Ministry of Labour.

1 Magazine: Many schools and universities are now asking students to think about career plans. Can you tell us about this, please?

2 Dr Grey: Yes. A career plan is something very important in a jobseeker's life. It helps them to work towards their aims. It should include realistic goals and objectives that can be accomplished in the near future. It also needs to include both internal and external challenges. It's a plan that's always evolving and changing.

3 Magazine: Would you be able to give our readers a few tips about what they need to do when planning their career?

4 Dr Grey: Well, to help with career planning, you need to try to do the following things:

- Think about your lifestyle now and if you're happy with it. Think about the

lifestyle you want. Do you want a relaxed, slow-paced job? Or do you prefer a hectic job that might, for example, need a lot of travel?

- Think of activities you like and dislike doing. Make a list. It might be a small task like writing notes, or a big one like helping a family member install furniture.

- Think about your interests and what makes you happy. Try to remember any volunteer work you have done or a time you had a summer job. Was there something you liked? If not, have you read about a job that seemed interesting to you?

- Think about your personality? Do you like to be around people or alone? Do you like to sit behind a desk or move around?

- Think about your dream job. Think of its advantages and disadvantages. Don't be too positive; remember to think about the negative aspects of the job.

Once you've completed these steps, you will have a better idea of who you are and what career you should aim for. With this in mind, the final step is developing a plan for achieving your goal.



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Keywords

magazine (issue) **مجلة**

أنا أقوم بكتابية قصة **مجلته** **عدد شهر تشرين الأول**

career planning **التخطيط الوظيفي**

يضم **التخطيط الوظيفي** طول المدى التوازن بين الحياة المهنية للشخص وحياته العائلية.

job seeker **باحث عن عمل**

internal challenges **التحديات الداخلية**

external challenges **تحديات خارجية**

tips **تحصل على بعض النصائح والأفكار من (أوسكار)؟** **النصائح**

lifestyle **نمط الحياة** **ما هو نوع نمط الحياة تعيش؟**

slow-paced **بطيء** **أنت بطيئ مخطو جداً.**

hectic **سريع الخطى**

interests **احتياجات ومصالح**

advantages and disadvantages **مزایا وعيوب**

personality **شخصية**

Task 2 Read the text and answer the questions.

1. What is an interview?
 - a. It is a meeting where a person asks questions to get information from someone.
 - b. It is when people talk together
 - c. It is when a person listens to someone talking
2. Who is Dr John Grey?
 - a. He is the Minister of Labour.
 - b. He is a career planning advisor.
 - c. He works for the magazine.
3. What is a career plan?
 - a. It is a diary about a person's daily professional life
 - b. It is the steps you need to take to get to your chosen profession/job
 - c. It is a qualification to show your employer you can do the job
4. Dr Grey thinks that:
 - a. A career plan is **NOT** important
 - b. A career plan **IS** important because it helps you to achieve your job goals.
5. What career planning tips does Dr Grey give? Circle 5 answers
 - a. Think about your likes and dislikes
 - b. Think about your lifestyle – (do you like a slow or fast lifestyle?)
 - c. Think about your interests and what makes you happy
 - d. Think about if you want to go to University
 - e. Think about your personality (Do you like people or do you like to be alone?)
 - f. Think about if you want to work after finishing school
 - g. Think about the advantages and disadvantages of your dream job