

# Suicide

Health & Family Life



Name: \_\_\_\_\_ Grade: 7

Instructions: Follow the prompt at the beginning of each question to provide the answer.

1. Most teens who attempt suicides do not really want to \_\_\_\_\_. (**Live, Die**)
2. If a friend tells you he/she is considering suicide and swears you to secrecy, you should \_\_\_\_\_ (**Be quiet, Tell someone**)
3. The risk of suicide \_\_\_\_\_ dramatically when teens have access to guns at home. (**increases, decrease**)
4. If you or a friend is feeling suicidal, as soon as possible, it is **BEST** to: \_\_\_\_\_
  - a. call a suicide crisis helpline
  - b. a parent or relative
  - c. a school counsellor
  - d. anyone above
  - e. no one at all
5. If your friend is suicidal it is **LEAST** helpful to say: \_\_\_\_\_
  - a) Don't worry this will blow over by tomorrow.
  - b) I'm concerned about you.
  - c) I know where we can get help.
  - d) I'm going to stay with you.



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