Adjectives ending in *-ed / -ing*

Write the correct form of the adjective

Speaking, finish the idea.

I'd be disappointed / disappointing if...	
I find it annoyed / annoying when people...	
A place I think is absolutely fascinating / fascinated is...	
Something I find quite worried / worrying is...	
I am always confused / confusing when I...	
It's always embarrassed / embarrassing when...	
I feel satisfying / satisfied when I...	
One thing that I think is disgusted / disgusting is...	
I think it's absolutely shocked / shocking that...	
I get frustrating / frustrated when...	
Something I find absolutely exhausted / exhausting is...	
If one of my friends told me I was bored / boring, I would...	

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