



O'level
Foundation
Week 11

RECAP A

WEEKS 1 AND 3



The Write Tribe

Yes!
Standardized testing
do reveal
student knowledge!

QUIZ TIME!

1. How many days does it take to build a habit?

- a. 20 days
- b. 21 days

2. What is Hebb's law?

- a. If you don't practice, you will forget what you have learnt
- b. Once you learn something, you will always remember it

3. What does Hebb's law state?

- a. Neurons that fire together, wire together
- b. Neurons that wine together, dine together

4. Who is the Father of Evolution?

- a. Charles Dickens
- b. Charles Darwin
- c. U.R. Mom

5. What motivation is this? I love reading for the sake of knowledge.

- a. Intrinsic motivation
- b. Extrinsic motivation



6. Who has the best chance of survival according to Darwin?

- a. The strongest
- b. The smartest
- c. The fattest
- d. The ones who adapt to change

7. What motivation is this? Mom said if I get A for my test, she will buy me a bicycle!

- a. Intrinsic motivation
- b. Extrinsic motivation

8. What is The Rival Effect?

- a. Having a rival demoralises us
- b. Having a rival motivates us to win

9. What is the hypothalamus in the brain for?

- a. pleasure center of our brain (reward center)
- b. responsible to trigger the fight or flight response

10. Winning a competition produces dopamine (the happy chemical) in the hypothalamus, the pleasure center of the brain.

- a. True
- b. False



NO!
Standardized testing
do NOT reveal
student knowledge!

QUIZ TIME!

11. At which age does the rational part of the brain develop?

- a. 21 years old
- b. 25 years old

12. Adult and teen brains work exactly the same.

- a. True
- b. False

13. What is the brain's rational part called?

- a. amygdala
- b. prefrontal cortex

14. _____ is the part of the brain that responds to situations with good judgement and an awareness of long-term consequences.

- a. amygdala
- b. prefrontal cortex

15. Teens process information more with the _____

- a. amygdala
- b. prefrontal cortex



16. The ____ and ____ ensures you don't repeat a painful lesson again!

- a. amygdala, orbitofrontal cortex
- b. prefrontal cortex, limbic region
- c. amygdala, prefrontal cortex

17. Albert Einstein was considered stupid in his early years

- a. True
- b. False

18. What are the 3 styles of learning?

- a. Auditory, Visual and Kinetic
- b. Auditory, Magnetic and Kinaesthetic
- c. Auditory, Visual and Kinesthetic

Which side are you?

Do standardised tests really reveal student knowledge?

Yes

No



INTRODUCTION

A. Background information

1. General background information that grabs attention

2. More specific background information to lead to thesis

B. Thesis statement

1. Topic

2. Outline your keypoints

TOPIC:**INTRODUCTION**

A. Background information

1

2

B. Thesis statement

1

2



Put your introduction together

USEFUL CONNECTORS



ADDITION

- 1. Further
- 2. Furthermore
- 3. Moreover
- 4. In addition
- 5. Additionally

CONTRAST

- 1. However
- 2. Nevertheless
- 3. On the other hand
- 4. On the contrary
- 5. At the same time

RESULT

- 1. As a result
- 2. Hence
- 3. Therefore
- 4. Thus
- 5. Consequently

EXAMPLE

- 1. For example
- 2. For instance
- 3. Illustrated by
- 4. An instance of this
- 5. This can be seen in

COMPARISON

- 1. Similarly
- 2. In the same way
- 3. Likewise
- 4. Equally
- 5. Comparable

TIME

- 1. Meanwhile
- 2. Presently
- 3. At last
- 4. Finally
- 5. Currently

SUMMARY

- 1. In short
- 2. On the whole
- 3. In brief
- 4. In other words
- 5. To summarize

REASON

- 1. Since
- 2. Because
- 3. Owing to
- 4. In order to
- 5. The reason why

