



In his song “Time Was,” CULTURE singer Phil Ochs reminisces about a past “when a man could build a home, have a family of his own. The PEACE years would flow; he could watch his children grow. But it was a long time ago.”

To Ochs, SIMPLE times were better: “troubles were few....a man could have his pride; there was justice on his side...there was truth in every day.”

Ochs recorded “Time Was” in 1962, when he was just 22 years old. He had yet to witness the most TUMULT parts of the 1960s – the ASSASSIN of President John F. Kennedy and Senator Robert F. Kennedy, the POLARIZE wrought by the Vietnam War, and the civil rights and feminist movements.

Half a century later – with the rapid, dramatic consequences of social and political upheaval, with technological advances that have radically transformed our daily lives – some might SIMILAR find themselves longing for a time when “troubles were few” and “there was truth in every day.”

Nostalgia

Part 1

Constantly being plugged into the internet and social media is thought to be associated with higher rates of anxiety and depression. Online messaging and communication have created UNDERSTAND and DIVIDE, and many feel as though they've lost control over their privacy.

A recent poll even revealed that a majority of Americans think that America's culture and way of life have mostly changed for the worse since the 1950s.

But what effect does this longing have? Is it a useful psychological tool or a PERIL trapping?