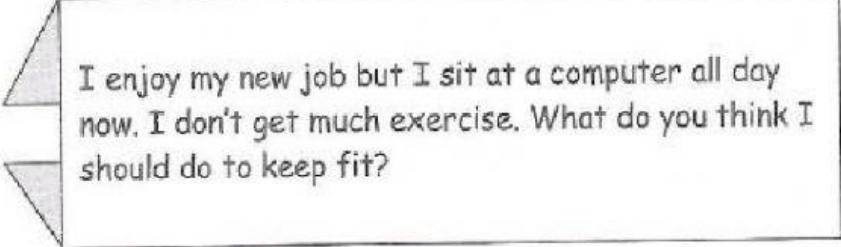


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### Question 7

- This is part of a letter you receive from an English friend.



I enjoy my new job but I sit at a computer all day now. I don't get much exercise. What do you think I should do to keep fit?

- Now write a letter, giving your friend some advice about keeping fit.
- Write your letter in about 100 words on your answer sheet.