Laser B1 (Unit 10)

Test 10

10.01 Complete with the following words.

skill	convenient	health	popular	win	beat	score	court

Like most people who watch sport on TV, I always thought that tennis was an easy sport to play. I couldn't have been more wrong. To play tennis well, you need a lot of **(1)** _____. On the other hand, it's very **(2)** _____ because even if you can't play it as well as the champions we see on TV, it can keep you in good physical **(3)** _____. You run up and down the **(4)** _____ when you practise and if you can **(5)** _____ your partner in a match, the feeling is great! Of course if you live near a tennis club, it's very **(6)** _____ as you don't have to travel far just to play tennis. When I play against my best friend, I try to **(7)** _____ as many points as possible. And if sometimes I manage to **(8)** _____, I feel extremely happy, because she's a very good player.

10.04 Complete the sentences with one word.

1 I'm sorry, I don't _____ the time to listen to your problems right now!
2 The last Olympic Games took _____ in London.
3 I play football with my friends in my _____ time.
4 When Nick won a medal _____ the first time, he was very excited.
5 I'm studying for my exams for the time _____, so I can't spend any time on my hobbies just now.
6 Becoming a champion in a sport _____ up a lot of time and effort.
7 When you can _____ the time, can you please help me with my project?
8 We _____ hours before the game planning our strategy in order to win.

10.05 Complete the sentences using two of the words in each group.

won	beat	scored

United **(1)** _____ the match. Svenson **(2)** _____ two goals and he was the MVP of the game!

take	pass	find

Learning the basics of diving doesn't **(3)** _____ a lot of time. But if you want to become an experienced diver, you have to **(4)** _____ the time to practise.

drew beat lose

Our team failed to score any goals, but fortunately so did the other team! So we didn't **(5)** _____ the match, we **(6)** _____.

up being spare

In his **(7)** _____ time, Rafael Nadal goes fishing, but as this hobby takes **(8)** _____ a lot of time, he doesn't go very often.

10.09 Correct the words in *italics*.

1 If he found the time to practise more, he ***will be*** a top ten player. _____

2 She was too tall ***for becoming*** a gymnast.

_____

3 There were ***too many*** rackets that I couldn't choose which one to buy. _____

4 He would have come to help us ***unless*** he'd known we were in trouble. _____

5 How often do you go running if you ***will have*** the time?

_____

6 If I bought you a pair of ice skates, where ***do you use*** them?

_____

7 The diving equipment cost ***such much*** money, I couldn't afford it. _____

8 Sorry, I haven't got ***money enough*** to go hang-gliding with you.

_____

10.11 Complete the sentences with one word.

1She wouldn't have said that to you _____ she knew that it was true. She never lies!

2 The other player was too good _____ me to beat, unfortunately.

3 It's _____ a beautiful day! Shall we go to the beach?

4 Nick might _____ won the match if he'd been a bit more careful.

5 The equipment for hang-gliding costs _____ much money that it's best to rent it, not to buy it if you're a beginner.

6 Harry isn't tall _____ to play professional basketball.

7 Susan is so fearless _____ she'll try any extreme sport there is in the world!

8 I don't think Georgia _____ mind if you borrow her wetsuit, but you'd better ask her first.

10.12 Rewrite the sentences using the word given.

1 Martina was a much better player than Sabine, so Sabine lost the match. **TOO**

Martina was _____ Sabine to win the match.

2 I won't go to the party if I'm not invited. **UNLESS**

I won't go to the party _____ invited.

3 The weather was so good that we went hang-gliding. **SUCH**

It was _____ that we went hang-gliding.

4 Maggie wasn't good enough to be in the school team. **BAD**

Maggie _____ to be in the school team.

5 He didn't pay attention to his coach and he lost the match. **PAID**

If _____ to his coach, he wouldn't have lost the match.

6 I had too little money to buy the new CD by Linkin Park. **ENOUGH**

I _____ to buy the new CD by Linkin Park.

7 I don't have enough spare time so I can't take up a new sport. **WOULD**

If I had enough spare time, I _____ up a new sport.

8 Unless Martin comes with me, I won't go. **IF**

I won't go _____ with me.

10.13 Read the text and match the sports with the people.

1 _____

Volleyball

Do you want to meet people with the same passion for winning as you? We need players for our volleyball team. You don't have to be very tall as long as you're athletic enough. We train in court 6 every Monday, Wednesday and Friday evening for an hour and a half, and we play a game every Sunday. If you already know the basics and would like to belong to a team, this is the sport for you. For teenagers over fifteen and young adults, no children.

2 _____

Pool

Some people still think that pool is only for men. That couldn't be further from the truth. Nowadays, everyone can enjoy the game and they don't have to be fit, either! It's a relaxing game for the whole family and a great way to make friends. You don't need formal training and even a beginner can learn to play pool very easily. Plus, it's a suitable game for those who don't like, or have difficulty with physical sports. Our club has pool classes every Thursday and Saturday afternoons, so come along!

3 _____

Horse-riding

If you love physical activity and animals and want to combine the two, this is the sport for you! At our club, we have classes for beginners, adults and children. Our horses are very friendly and well-trained and even if you've never been on a horse before, you won't face any problems. There are riding lessons every weekend all day long, but you have to call a day earlier to book a lesson. At the club, you can meet other horse-lovers and enjoy a day out in the fresh air, as well.

4 _____

Golf

You're never too old to take up a new sport and golf is the perfect sport for anyone who wants to spend the day out on the course and enjoy the sunshine while doing some physical activity. As the sport doesn't require too much physical strength, it is suitable for young children and older people as well. When you've finished your round, you can enjoy a light snack at the club café while watching others play, and meet people with similar interests.

A

Anna, aged 65, would like to do some gentle sport but she isn't very fit. She would like to be outdoors and meet new people who also like the same things. She's not very keen on animals in general, but she likes walking in the park. She'd also like to be able to have a drink or a light meal after she's finished.

B

Dave and Sarah Dobson and their daughter Eileen are looking for an activity that they can do all together, but they don't want to do something which is too energetic because Eileen has a disability and she can't walk very easily. They'd like to find an indoor sport for the whole family, where they can have fun and meet other people, too.

C

Samantha would like her son, Simon, aged 10, to take up a sport where he'll be able to meet other children of his age, but where he'll also come into contact with animals and be outside. Samantha is a working mother and can only take Simon to his new activity on Saturdays or Sundays. She'd also like to share the same activity as her son.

D

Petra and Maria, aged fifteen, are best friends and want to take up a new sporting activity together. They're very athletic and competitive and love team sports. They are looking for something where they can train a few evenings a week and also maybe take part in games if they're good enough.

10.14 Write 'R' for Right, 'W' for Wrong or 'DS' for Doesn't Say.

1 Volleyball is a sport for tall people only. _____

2 If you want to play pool, you have to book a table. _____

3 Horse-riding is a suitable activity for the whole family. _____

4 If you're old you shouldn't play golf. _____

5 You can eat at the golf club café. _____

10.16 Complete each sentence with one word from the text.

1 You can _____ in volleyball on court six.

2 If you want to be a member of the volleyball team, you should already know the _____.

3 Even a _____ can learn to play pool easily.

4 If you want to have horse-riding lessons, you need to _____ your lesson the day before.

5 Playing golf doesn't require a lot of _____ strength.

Track 22

10.22 Listen and complete the notes with one word.

Martin is very happy because he has **(1)** _____ a triathlon race. He says that training is not enough, it's also a matter of strategy and

(2) _____. In the triathlon you have to do three sports –

(3) _____, cycling and running. Martin has been training for

(4) _____ years now. Because his sport is not so **(5)** _____, triathlon athletes aren't rich.

Track 22

10.23 Listen and circle the correct answer (A, B or C).

1 ***Martin didn't think that***

A) the race would be difficult.

B) he would take part in the race.

C) he would win the race.

2 ***The triathlon is a sport suitable***

A) for everyone.

B) for people who are very fit.

C) for people who give up easily.

3 ***In the triathlon you have to cycle***

A) forty kilometres.

B) fourteen kilometres.

C) four kilometres.

4 ***Simon has been training for triathlon events***

A) for the last six years.

B) since he was six years old.

C) six days a week.

5 ***Triathlon athletes.***

A) can get very rich.

B) get a trophy if they win.

C) are very proud of themselves.