

# My daily routine

1. Complete.

- |   |                |   |          |
|---|----------------|---|----------|
| • | up             | • | home     |
| • | my hair        | • | the dog  |
| • | the scriptures | • | dinner   |
| • | breakfast      | • | a shower |
| • | go to school   | • | asleep   |

3. Choose and write the correct form of the verb.

go (2) - get (2) - take (2) - wash (2) - have (2)

- I \_\_\_\_\_ up at 7 a.m.
- I \_\_\_\_\_ my face
- You \_\_\_\_\_ breakfast at 8 a.m.
- You \_\_\_\_\_ to asleep at 11 p.m.
- He \_\_\_\_\_ dress at half past seven.
- He \_\_\_\_\_ the dishes.
- She \_\_\_\_\_ lunch at 4 p.m.
- She \_\_\_\_\_ to sleep at 10 p.m.

4. Look at each clock and write the time



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

5. Look at each picture and complete the sentences with the correct verb and adverb of frequency.



Mr. Gibbs \_\_\_\_\_  
\_\_\_\_\_ to bed  
before midnight on  
weekdays.



I \_\_\_\_\_  
\_\_\_\_\_ my  
homework right  
after dinner.



My father \_\_\_\_\_  
\_\_\_\_\_ at 6 in  
the morning on  
weekdays.



My parents \_\_\_\_\_  
\_\_\_\_\_ breakfast together  
at the weekend.



Richard \_\_\_\_\_  
\_\_\_\_\_ a  
shower three times  
a day.



We \_\_\_\_\_  
\_\_\_\_\_ shopping before  
going to work.



In the school canteen  
they \_\_\_\_\_  
\_\_\_\_\_ spaghetti for dinner.



My neighbour  
\_\_\_\_\_ a bus to  
work in the morning.



My little brother  
\_\_\_\_\_ his bedroom on  
Saturday.



I \_\_\_\_\_ the  
news on TV in the  
evening.



My mother \_\_\_\_\_  
\_\_\_\_\_ our beds  
in the morning,  
especially when we  
oversleep.