

1 Match the words below with the correct definition.

- 1** cross-fit training
- 2** role model
- 3** a fan
- 4** medals
- 5** body building
- 6** weight lifting
- 7** open-minded
- 8** humbleness

- a** A metal disc that looks like a big coin, usually given to winners in sports competitions.
- b** Not arrogant or too proud of wealth or achievements.
- c** The sport or activity of lifting heavy weights.
- d** Someone who admires and supports a person, usually someone famous.
- e** A sport where athletes train their muscles through exercise and diet.
- f** A kind of exercise that requires different body movements at high intensity.
- g** Willing to consider new ideas; unprejudiced.
- h** A person looked to by others as an example to be followed.