



ALWAYS CHANGING

Pre-test

What do you know about Puberty? Circle the best answer from the choices given.

- 1 Puberty involves physical and emotional changes. True False
- 2 All boys start shaving during puberty. True False
- 3 Sweat serves no useful function in the body. True False
- 4 For girls, puberty begins between the ages of 8 – 13 and for boys it's from ages of 10 – 17. True False
- 5 Changes that happen during puberty usually happen at once. True False
- 6 Girls should not bathe, exercise or swim during their period. True False
- 7 Periods always come on a regular schedule. True False
- 8 Everybody can tell when a girl is having her period. True False
- 9 During puberty, girls develop breasts, get their periods for the first time and grow hair under their arms and in their pubic area. True False
- 10 During puberty boys grow taller and more muscular, their voices deepen, their penis and testicles grow larger and they grow facial and body hair. True False