

12 things that ruin a first impression immediately

I. Complete this worksheet with a suitable word. Write the full word even if the first letter is given. Then click on Finish to see how well guessed.

NUMBER 12: A WEAK HANDSHAKE

A flimsy handshake can be a real first impression k_____! The interviewer will think you are shy, anxious, un_____ or even completely in_____.

You should grip the hand firmly and for _____ than 2 seconds: it will show c_____ and capability.

NUMBER 11: KEEPING YOUR HANDS IN THE WRONG POSITION

You've got to be mindful of where you keep your hands at a b_____ meeting or at a conference. Putting them on your lap is ok, but never keep them in your p_____, otherwise it will give the impression that you're h_____ something!

Customs and c_____ play an important role: **although** folding your hands gently on the table is totally okay in the w_____ world, **such** position is considered r_____ in Japan and India.

NUMBER 10: CHEWING GUM

Although chewing on gum can make you look more f_____ and a_____ in casual situations, **such** behaviour is inappropriate when you meet someone for the first time: it makes you look im_____, self- c_____ and lowbrow.

NUMBER 9: AVOIDING EYE CONTACT

People who maintain eye contact during a conversation are often seen as more confident, attentive, i_____ and trustworthy, whereas avoiding eye contact will make you appear less s_____, more anxious and even un_____.

Don't stare at the other person, but try to lock eyes from t_____ to time, especially when you meet someone for the first time.

NUMBER 8: PLAYING WITH YOUR HAIR

You could be sending the w_____ message if you play with your hair when meeting new people. For instance, they might believe you're trying to fl_____ with them! You don't want to look un_____, anxious or uncomfortable either: **such** traits are un_____ in official situations! If playing with your hair becomes excessively r_____, it could even be a sign of COD!

(Obsessive-compulsive disorder (COD)) is a **mental disorder** in which a person has **certain thoughts repeatedly** (called "obsessions") or **feels the need to perform certain routines repeatedly** (called "compulsions") to an extent which generates distress or impairs general functioning. [Wikipedia](#).

NUMBER 7: PICKING THE WRONG CONVERSATION TOPICS

You should play it safe and a_____ the general taboo topics, such as h_____ problems, m_____, r_____, p_____ or personal problems and complaints .

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NUMBER 6: INVADING SOMEONE'S PERSONAL SPACE

If you stand too c_____ to them, you may come off as a_____ .
If you stand too f_____ a_____, you will seem un_____ .

NUMBER 5: MAKING DISTRACTING NOISES

Don't tap your f_____ or fingers: it can indicate n_____ , irritation or im_____ .
Don't drum your p_____ on the desk.
Don't crack your knuckles: it's one of the most a_____ sounds according to a survey by the New York Times!

NUMBER 4: CONSTANTLY CHECKING YOUR PHONE

Although the average person checks their phone 110 times a d_____, it comes off as extremely im_____ when you do it during a conversation. You'll give the impression of being b_____ or having better things to do! Don't even put your phone on the t_____. Leave it in your bag or in your p_____. PERIOD!

NUMBER 3: FORGETTING PEOPLE'S NAMES

That's probably the most e_____ thing you do when you see someone and it's even more h_____ if they remember yours! To steer clear of **such an** awk_____ situation, you should get into the habit of immediately r_____ someone's name after you've been i_____. For instance: « Hi Anne! Nice to meet you! ».

NUMBER 2: BEING LATE

R_____ late to a meeting with people you don't know or have a formal r_____ with, will shed a guaranteed n_____ light on you. You'll seem like an un_____ and unorganized person that doesn't r_____ people enough to value their time. If you have to run to your meeting, you'll be all disheveled and un_____. You can find more about time m_____ skills on the internet.

NUMBER 1: THE WRONG ATTIRE

Remember that people DO judge (*emphatic form*) a book by its c_____ within 7 seconds on setting eyes on us!!!!
Statistics c_____ that 55% (fifty-five percent) of the first impression is based on a_____. The size of your paycheck can even be influenced by your height, weight, h_____ c_____ and make-up! Try to be conservative in your choice of c_____, be polished and don't use heavy p_____ or tons of make-up.

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II. Now watch the video (10 mn) and correct your answers.



[youtube.com/watch?
v=JrbnTzPjg0k](https://youtube.com/watch?v=JrbnTzPjg0k)

Make sure you know how to translate the following words (Use Word Reference):
copy them in your English notebook with their translation and write the sentence given as an example.

flimsy/ to grip/ mindful/ on your lap/ otherwise/ a custom/ although/ to fold/ lowbrow/ trustworthy/ a complaint/ to come off/ knuckles/ to steer clear/ to shed (a light)/ to value/ disheveled/ polished/ an attire

SO or SUCH?

<https://www.anglaisfacile.com/exercices/exercice-anglais-2/exercice-anglais-102135.php>

THOUGH/ ALTHOUGH/ AS THOUGH

<https://www.anglaisfacile.com/exercices/exercice-anglais-2/exercice-anglais-112689.php>

Have fun with Chandler's job interview:

youtube.com/watch?v=36LxvgdFZxo

