

Food vocabulary A' class

Name:

A. Give the English word.

1. πουλερικά=
2. γαλακτοκομικά προϊόντα=
3. πεντανόστιμος=
4. μοσχαρίσιο (κρέας)=
5. καρπούζι=
6. χρωστικές=
7. τηγανίζω=
8. συνταγή (μαγειρ.)=
9. όσπρια=
10. γιαούρτι=

B. Choose the correct word – phrase.

1. I must fatty foods. **high in / slow down / cut down on**
2. Don't eat so much meat. It's bad for your **heart / teeth / meal**
3. Fatty food is usually high in..... **energy / water / calories**
4. It's a good idea to have a goodevery morning. **cheeseburger / breakfast / sugary food**
5. Buy bread. It's healthier. **frozen / whole grain / boiled**
6. Carbonated water makes drinks **sugary / fizzy / salty**
7. The doctor says my grandfather must drink every day. **low fat milk / a fizzy drink / full fat milk**
8. If you like pizza, eatpizza. **white / fast food / homemade**
9. Broccoli, cucumber and carrots are **fruit / vegetables / grains**
10. My grandma can really tasty cookies. **grill / boil / bake**