GRADE FIVE

Name: _____ **Date:** _____

FAMILY LIFE
PUBERTY (PHYSICAL CHANGES)

Read each question carefully. Choose the correct answer.

1. What is puberty? Choose the correct answer.
   a) This is when your body begins to change.
   b) This is when your body stops changing.

2. Everyone begins puberty at the same time. Is this statement true or false?
   True False

3. When does puberty begin in girls? Choose the correct answer.
   7 to 13 8 to 13 9 to 15 10 to 15

4. When does puberty begin in boys? Choose the correct answer.
   7 to 13 8 to 13 9 to 15 10 to 15

5. Girls are usually ____ years ahead of boys.
   one two three four

6. Place a tick into the box for each puberty change.

	Boys	Girls	Both
Grows taller			
Skins gets oily			
Acne			
Voice get deeper			
Hair grows underarm			
Breast develop			
Penis grows			
Hips get wider			
Periods			
Wet dreams			
Body odor			
Sweating			
Muscles Grow			
Hair grows in pubic area			