

### Eating disorders:

Complete the sentences:

*Control, weight, low, severe, medical, physical, disorders, eating, fear, males, eating*



A. Eating ?**D** include anorexia, bulimia, and  
binge eating disorders

B. These disorders include extremes, attitudes, behavior about ?**W**, and food issues.

C. Eating disorders seriously emotional and ?**P** problems that can have life-threatening consequences.

D. Eating disorders affect both ?**M** and females

E. Anorexia Nervosa is defined by an inadequate food intake leading to a weight that is clearly too ?**L**

F. People, who have Anorexia Nervosa often have an intense ?**F** of weight gain and an obsession with weight

G. Binge-eating involves frequent episodes of ?**E very large amounts of food but using behavior to prevent weight gain, such as self-induced vomiting.**

H. People, who have this disorder often have a feeling of being out of ?**C** and shameful during the binge-eating episodes

I. There are other eating disorders that also cause ?**S** distress or impairment. (do some research)

J. Anyone suffering from an eating disorder must seek ?**M** help

- In Ireland, there are many organisations who can support, for example, Bodywhys.
- LoCall helpline 1890 200 444
- website : <http://www.bodylinewhys.ie/>

