

NEW YEAR'S RESOLUTIONS

1. Will you do more or less of these? Tick the correct answer.

NEW YEAR.

NEW ME.

NEW BEGINNING.

1. give up eating fast food	DO MORE	DO LESS
2. change diet	DO MORE	DO LESS
3. improve skills	DO MORE	DO LESS
4. quit bad habit	DO MORE	DO LESS
5. eat vegetables	DO MORE	DO LESS
6. eat junk food	DO MORE	DO LESS
7. reduce fats	DO MORE	DO LESS
8. manage stress	DO MORE	DO LESS
9. volunteer	DO MORE	DO LESS
10. to spend time (with friends)	DO MORE	DO LESS
11. waste time on social media	DO MORE	DO LESS
12. get organized	DO MORE	DO LESS
13. be active	DO MORE	DO LESS
14. be lazy	DO MORE	DO LESS
15. be optimistic	DO MORE	DO LESS

2. Write a correct word from a box:

TO RESOLVE, RESOLUTION, A PROMISE, MORE, MORE
OFTEN, LESS, CREATIVE, POLITE, DO MY BEST

16.	częściej
17.	dać z siebie wszystko, starać się
18.	kreatywny, twórczy
19.	postanowić
20.	uprzejmymy