UNIT 4: READING COMPREHENSION

food in India

FOOD AROUND THE WORLD:

India

Breakfast is an important meal in India. There are lots of different breakfasts, but many people eat curry with rice and vegetables in the morning. Do you know that people put spicy sauces on their breakfast food, too?

India is famous for its spicy food, but there's a lot of sweet food, too. People use milk, sugar, cheese and nuts to make traditional cakes. These small cakes are sticky and very sweet. People eat these cakes on birthdays or on festival days.

People in India often eat their meals with their fingers. They use bread to pick up the rice and vegetables, and some people also use bread to eat soup. Do you know that you can only eat with your right hand in India?

You can buy many different snacks in the street in India. These snacks can be sweet, savoury or spicy.

1. Which is the most important meal in India?

2. Why is India famous for?

3. What are the ingredients to cook traditional Indian cakes?

4. How are these small Indian cakes?

5. Do Indian people use forks and knives to eat?

6. What type of food can you buy in the street of Indian?

1 **Listen and complete the recipe.** CD2 33

Kaju burfi

Ingredients:

Three cups of (1) cashew nuts

Half a cup of (2) _____

Two cups of (3) _____

Instructions:

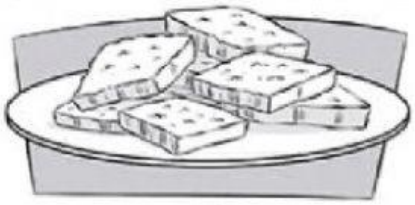
Chop the (4) _____ into small pieces. Mix the cashew nuts with hot (5) _____ and (6) _____. Put the mixture on a plate and wait for two hours.

1

water

sugar

cashew nuts



Now eat and enjoy this traditional Indian sweet!

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