



SUBJECT: GENERAL SCIENCE

TOPIC: THE IMMUNE SYSTEM

GRADE: 6

NOTES



Read the notes then watch the video.

**O**rgans, tissues and cells make up the immune system.

Some **bacteria** and **viruses** which enter the body give off poisons.

Some **bacteria** release poisons that injure and kill the cells in our bodies. **Viruses** reproduce (makes more of itself) inside cells and destroy the cell.

Not all illnesses are caused by infections. Some people are born with illnesses such as certain forms of heart disease.

**White blood cells** are the main defenders of the body. When the body is infected (overrun by bacteria and viruses), the number of white blood cells increase. Some white blood cells **trap** bacteria causing poison from the bacteria to kill some of the white blood cells.

The dead blood cells form a yellow material called "**pus**". Some white blood cells make chemicals called "**antibodies**". These antibodies destroy poisons made by bacteria.

#### How Can a Virus Kill a Cell?

1. The virus attaches itself to a cell.
2. It enters the cell.
3. Then it duplicates (makes more of itself).
4. The cell explodes releasing thousands of brand new viruses into your system.





Two diseases that destroy the immune system are **AIDS** and **HIV**.

In order to fight bacteria and viruses that attack our system and produce diseases, we use a drug chemical called **medicines**.

**Nicotine** and **alcohol** are two drugs that are **abused** all over the world.

**Alcohol** decreases brain cell activity.

**Nicotine**, which is found in tobacco, is harmful because it increases the rate of your heartbeat, and it affects the respiratory system. Cigarettes, cigars and snuff are made from tobacco.

**Cocaine** and **marijuana** are illegal drugs. They are used frequently by young people.

- They affect the immune and nervous systems.
- They destroy brain cells and reduce the body's ability to fight off diseases.

Abuse of these drugs can weaken the body's defense systems so severely that an attack from an illness or disease may lead to death.

