

**Modifiable or non-modifiable?**

Look at the list of risk factors. Decide if they are modifiable or non-modifiable. Put a tick in the correct column.

Risk factor	M	NM
Gender (male or female)	<input type="checkbox"/>	
Sedentary lifestyle (lack of exercise)	<input type="checkbox"/>	
Type 2 diabetes	<input type="checkbox"/>	
Age	<input type="checkbox"/>	
Family history (genetics)	<input type="checkbox"/>	
High blood pressure (hypertension)	<input type="checkbox"/>	
Smoking	<input type="checkbox"/>	
Being overweight or obese	<input type="checkbox"/>	
Ethnicity	<input type="checkbox"/>	