

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### Skeletal System Exit Slip

1. Skeletal muscles are held to the bones with the help of
2. Which of the following cushions and protects the bones where they meet?
  - a. ligaments
  - b. tendons
  - c. cartilage
  - d. muscle
3. List three ways to take care of your bones:
  
  
  
  
  
  
  
  
  
  
4. The place where two bones meet is called a
5. Name two types of moving joints and give one example of each: