UNIT 5

¿Qué te hace sentir bien?

WHERE IS THE HAPPIEST PLACE IN THE WORLD?

NATIONAL INTERNATIONAL CULTURE **HEALTH** SPORTS LOG IN

Is it possible to measure happiness? Yes, according to the World Happiness Report! Apparently, the three happiest countries in the world are Norway, Denmark and Iceland. The USA is 14th, Ireland is 15th, and the UK is 19th.

But there are a lot of 'happiness surveys', with different results. According to a European Commission report, people are happier in smaller, less busy cities. Two Danish cities are top of their list, with Manchester, Cardiff and Newcastle all in the top 20. And a British survey says that the happiest place in the UK is the Outer Hebrides – a collection of small islands in Scotland.

What makes people happy in the place where they live? Is it a good community spirit? Or good public services, such as schools, parks, transport, libraries and sports centres? What do you think?

Leon01 17.42

It's true that in Denmark we are very happy and relaxed! I'm from Aarhus, Denmark's second city. We have lots of museums, theatres, concerts and music festivals – it's a European capital of culture. There are also 134 parks!

LIKE REPLY

SummerSun 17.59

I think a good community spirit is important, but nice weather makes people happy too. People are usually friendly when it's sunny! I live in a town called Fethiye, in Turkey, and there's a great outdoor lifestyle here. There are a lot of nice cafes and restaurants next to the beach. We aren't in the top ten places, but I love living here!

LIKE REPLY

Kirsty05 18.36

My cousin lives in the Outer Hebrides and I sometimes go there on holiday. There isn't much to do in her village. There isn't a cinema or a gym. There aren't even any shops or cafés! But I don't mind going there in summer – there are some fantastic beaches and I love swimming in the sea.

LIKE REPLY

The happiness graph

1	NORWAY
2	DENMARK
3	ICELAND
4	SWITZERLAND
5	FINLAND
6	NETHERLANDS
7	CANADA
8	NEW ZEALAND
9	AUSTRALIA
10	SWEDEN

The 10 Happiest Countries in the World

1. Read the text and choose the correct answer

1 There aren't any ... countries in the top three.
a) Asian **b)** European

2 People are happier in ... cities.
a) bigger **b)** smaller

3 Leon is ... .
a) Danish **b)** Norwegian

4 SummerSun's town is in ... .
a) Denmark **b)** Turkey

5 Kirsty05 sometimes visits ... in the Outer Hebrides.
a) family **b)** friends

6 According to Kirsty05, the Outer Hebrides have got very good ... .
a) beaches **b)** shops

2. Read the text again. Are the following sentences true or false?

1 The World Happiness Report says that we can measure happiness.
2 The UK is one of the top ten happiest countries.
3 London is the happiest place in the UK.
4 There are more than 100 parks in Denmark.
5 SummerSun thinks that good weather is important for happiness.

LIVEWORKSHEETS

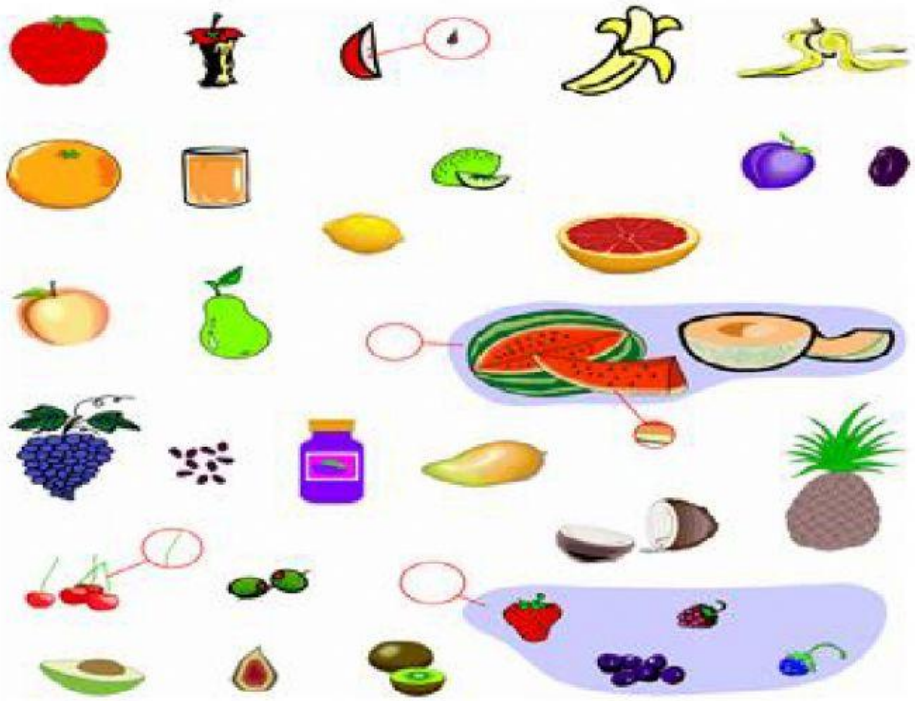
3. **Writing. Write about whay makes you feel happy.**

4. **Listen. Click on the loud speakers and write the words.**

5. **Listen and fill the boxes with information from the listening.**

	Main Meal	D _____ = Postre	Drink
Sara			
David			
Maya			

¿Te apetece algo sano?



LIVEWORKSHEETS