Good Health - Opening Pages p. 48-49

1. health _____
2. To be healthy _____=/= to be unhealthy _____
3. food _____ to feed (fed) _____
4. a benefit = an advantage _____
5. a disadvantage _____
6. an exercise _____ to exercise (exercised) _____
7. to happen (happened) _____
8. in the past _____
9. to talk about (talked about) _____
10. fitness _____
11. to be fit (was / were fit) _____
12. to read (read) _____
13. to describe (described) _____
    a description _____
14. a main character _____
15. below _____=/= above _____
16. a food pyramid _____
17. an activity _____, activities _____
18. an activities pyramid _____
19. a few hours a week - _____
20. once a week - _____ twice a week - _____ 3 times a week - _____
21. the most _____ =/= the least _____
22. to have in common (had in common) _____
23. fruits _____
24. vegetables _____
25. oils _____
26. milk _____
27. grains _____
28. beans _____

Food

1. bread _____, a slice of bread _____
2. broccoli _____
3. cheese _____, a piece of cheese _____
4. meat _____
5. nuts _____
6. a peach _____
7. a plum _____
8. a cucumber _____
9. a carrot _____
10. an onion _____
11. a mushroom _____
12. a tomato _____, tomatoes _____
13. a potato _____, potatoes _____
14. a category - _____
15. 19. to match - _____ a match - _____ _____ _____
16. Would you like...? - _____
17. What would you like? _____
18. I'd like..... - _____
19. French fries - _____
20. How much is that? _____
21. Here you are. - _____
22. Enjoy your meal - _____
23. Do you want.....? - _____
24. What do you want? - _____