

# KNOWING YOURSELF AND OTHERS

## 2 Learn Listen and read. Is Emily a good loser? Why?

1 Heroes Connect are playing basketball. Sophie and Jack are winning.



2 Sophie wins another point.



3 At the end of the game ...



### Tips for being a good winner and a good loser

- ✓ Don't shout or use bad language.
- ✓ Calm down if you feel angry or frustrated.
- ✓ Everyone say *Well done!* at the end of the game.

Can you think of two more tips?



1 Which tips does the trainer give the hockey team? Listen and tick (✓). 

### Tips for being a good winner and a good loser

- 1 Don't shout or use bad language.
- 2 Follow the rules of the game.
- 3 Pay attention to the coach or the referee.
- 4 Calm down if you feel angry or frustrated.
- 5 Listen to the other players in your team.
- 6 Say 'Well done!' to everyone at the end of the game.



2 Read the tips again. Which do you think is the best tip? Can you think of another tip? 

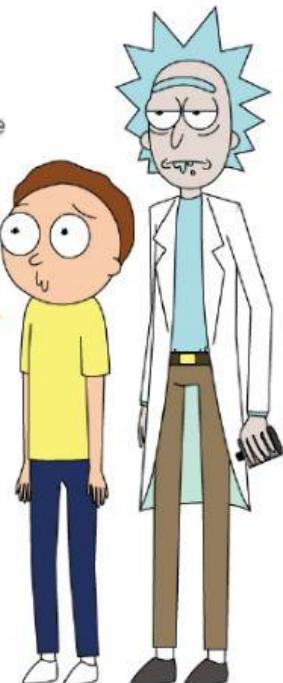
I think the best tip is \_\_\_\_\_

Another tip is \_\_\_\_\_

3 What do good winners and good losers say? Read the sentences and complete the responses.

You played well Never mind Don't worry Come on

- 1 I'm sorry I missed the goal. \_\_\_\_\_ You can't score a goal every time.
- 2 The other team is playing better than us. We're going to lose. \_\_\_\_\_ ! We can do it!
- 3 Congratulations on winning the game. You played well. Thank you, \_\_\_\_\_, too.
- 4 Oh no! We're losing by five goals. \_\_\_\_\_ It's only a game.



4 Are you a good winner and a good loser? Complete the sentences with *always*, *usually*, *often*, *sometimes* or *never*.

- 1 I \_\_\_\_\_ get angry when my team is losing.
- 2 I \_\_\_\_\_ shout at other people in my team.
- 3 I \_\_\_\_\_ say 'Well done!' at the end of a game.
- 4 I'm \_\_\_\_\_ polite with the other players.

**Finished?** Make a list of the team sports you know.

## Sports

