

KNOWING YOURSELF AND OTHERS

2 Learn Listen and read. Is Emily a good loser? Why?

1 Heroes Connect are playing basketball. Sophie and Jack are winning.



2 Sophie wins another point.



3 At the end of the game ...



Tips for being a good winner and a good loser

- ✓ Don't shout or use bad language.
- ✓ Calm down if you feel angry or frustrated.
- ✓ Everyone say *Well done!* at the end of the game.

💡 Can you think of two more tips?



1 Which tips does the trainer give the hockey team? Listen and tick (✓).

Tips for being a good winner and a good loser

- 1 Don't shout or use bad language. ☐
- 2 Follow the rules of the game. ☐
- 3 Pay attention to the coach or the referee. ☐
- 4 Calm down if you feel angry or frustrated. ☐
- 5 Listen to the other players in your team. ☐
- 6 Say "Well done!" to everyone at the end of the game. ☐



2 Read the tips again. Which do you think is the best tip? Can you think of another tip? 🧑💡

I think the best tip is _____

Another tip is _____

- 3 What do good winners and good losers say? Read the sentences and complete the responses. .

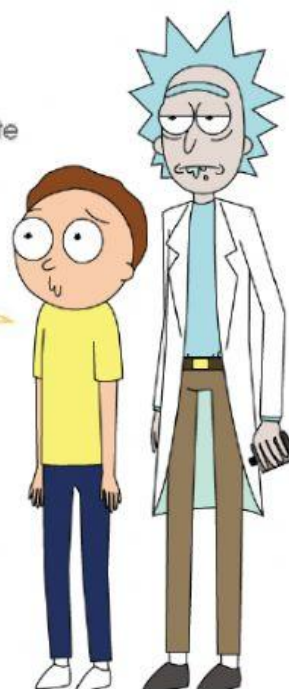
You played well Never mind Don't worry Come on

1 I'm sorry I missed the goal. _____ You can't score a goal every time.

2 The other team is playing better than us. We're going to lose. _____ ! We can do it!

3 Congratulations on winning the game. You played well. Thank you. _____ , too.

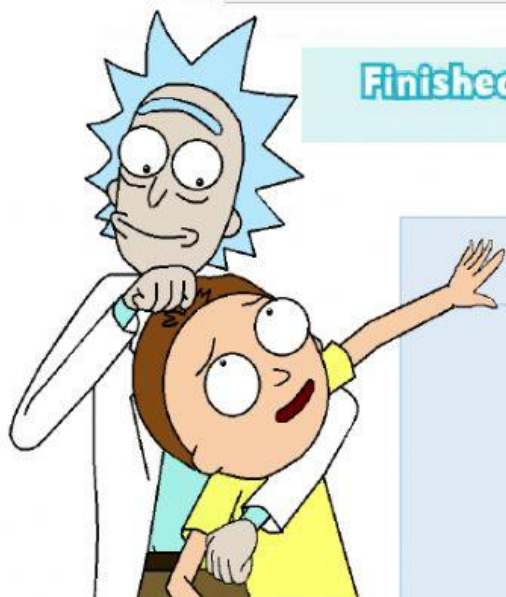
4 Oh no! We're losing by five goals. _____ , It's only a game.



- 4 Are you a good winner and a good loser? Complete the sentences with *always*, *usually*, *often*, *sometimes* or *never*.

- 1 I _____ get angry when my team is losing.
- 2 I _____ shout at other people in my team.
- 3 I _____ say 'Well done!' at the end of a game.
- 4 I'm _____ polite with the other players.

Finished? Make a list of the team sports you know.



Sports