

COUNTERACTING VICES WITH VIRTUES

Through the support of
the Gifts of the Holy Spirit



The Poisons

Poisons cause death, injury, and illness.

The poisons in our moral life are vices - habits caused by repeated sins and lead us to sin more often & easily.



Gifts of the Holy Spirit

Our moral life is supported by these gifts, which make our virtues complete.



The Antidotes

Antidotes are the medicines that reverse the effects of poison. The antidotes in our moral life are virtues - habits and attitudes that lead us to do the good God asks.



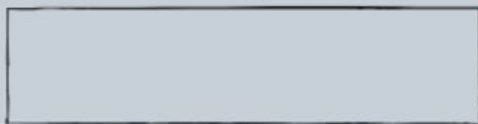
Excessive focus on self



Courage

the strength to focus on God in the face of challenges

Faith



Lack of hope in God's goodness



Understanding
recognizing
God's goodness

Hope



Resentment of others



Right Judgement

seeking & giving
advice

Charity