

5-Read the text about adolescence and then Choose the most suitable meaning, within the context of the text, for each of the words in the table below.

A Time to Experiment

Adolescence is a time when young people start to question themselves and the world around them. They start looking at themselves in a new way. They are searching for their **identity** and for answers to the big questions - "Who am I?" "Where am I going in life?"

Teenagers love to **experiment** and are **constantly** trying things out. They experiment with new fashions, new music, new food, new make-up, new jewellery and new hairstyles. Teenagers in the West sometimes shave their heads, grow their hair or colour it pink or yellow according to the fashions. Sometimes these experiments end in **disaster**!

Above all, it is important for a teen to be **cool** and **popular** with his or her friends. Many teenagers who start smoking do so only because of **peer pressure**. As one seventeen-year-old boy said, "I know smoking is bad for my health, but ... it's a social thing, a good way to sit down and **chill** with my friends." Fast food outlets have become very important for teenagers. Many do not care that too many pizzas and burgers are unhealthy and should only be eaten as part of a **balanced diet**. They see fast food places as **ideal** places to **hang out** with their friends.



1- identity (noun)	a) plan	b) expression	c) character or personality
2- to experiment (verb)	a) to clear	b) to test	c) to use
3- constantly (adverb)	a) always, again and again	b) often	c) seldom
4- disaster (noun)	a) an action that is unhelpful	b) disagreement	c) an event that causes a lot of harm
5- cool (adj)	(a) cold	(b) calm	(c) attractive
6- popular (adj)	a) liked by people	b) hated with people	c) disliked by people
7- peer pressure (n) - feeling of wanting approval from	(a) teachers	(b) family	(c) friends the same age
8- chill (v)	(a) something cold	b) relax	c) become less hot
9- balanced (adj)	a) including all types	b) including one type	c) including harmful types
10- diet (food)	a) medicine	b) fuel	c) food
11- ideal (adj)	a) boring	b) perfect	c) stupid
12- hang out (v)-	(a) spend time with	(b) study	(c) go shopping