

3-Read the text below and fill in each of the gaps with ONE word from the list .

Spurt

acne

independent

conflict

Adolescence

stressful

Self-conscious

hormones

The period between childhood and adulthood is called (1) _____. The teenage years can be (2) _____ and confusing for young people as they change from children to adults. During this period, changes in chemical substances called (3) _____ cause changes to the body. One change is a growth (4) _____ which usually occurs later in boys than in girls. Teenagers often believe that they are more important than they are. They become very (5) _____ about their appearance. For example, they get easily embarrassed by ugly red spots on the face known as (6) _____. Although many teenagers want to be (7) _____, the truth is that they still need their families. But there will be (8) _____ within a family if a teenager seems to value his friends' opinions and ideas more highly than his family's.