Read the text below and check that you understand the meanings of the words and phrases in bold. Use a dictionary to help you.

Adolescence is a time of excitement, but also of **angst**. It brings many changes; the new-found joys of **hanging out** with friends, but also unwelcome physical changes like **acne**. Relationships with adults change too. **Teens** complain that parents are **suspicious** and **critical**; parents complain about teenage **mood swings**. More than ever, a teen needs a good **circle of friends**, but sometimes **peer pressure** leads teenagers into bad habits. And with the growing **influence** of the Western **media** and the Internet, are young Omanis in danger of forgetting their own culture!

Word_ Phrase			Meaning	
1-	Adolescence		A)	Red spots on the faces and necks of teenagers.
2-	angst		B)	Thinking that someone is doing something wrong
3-	hanging out		C)	Sudden change in the way you feel
4-	acne		D)	Period between childhood and adulthood.
5-	Teens		E)	Group of friends
6-	suspicious		F)	Strong feeling that you must do as the people the same age as you
7-	critical		G)	Newspapers and magazines publishers,TV and radio.
8-	mood swings		H)	Strong feeling of unhappiness and worry
9-	circle of friends		I)	Power to affect the way someone behaves
10-	peer pressure		J)	Expressing disapproval
11-	influence		K)	Teenagers
12-	media		L)	Spending time