

# It didn't hurt!

hypnotist

alex lenkei

1 In 2008, Alex Lenkei had  
problem with the bone in his arm  
he needed a serious operation.  
Normally, with an operation like  
5 that, the doctor gives the patient an  
anaesthetic that he or she doesn't  
feel any pain. But Lenkei refused the  
anaesthetic. Instead, he hypnotised  
himself and simply told that  
10 he could not feel any pain. That  
took about thirty seconds. Then the  
operation started. According to Mr  
Lenkei, pain signals do not reach his  
brain when he hypnotised.

2 The doctor, David Llewellyn-Clerk,  
was bit worried. He had to take some  
bone from Lenkei's arm. He watched  
Lenkei carefully during operation, as  
he wasn't sure that Lenkei could feel  
20 pain. 'I didn't think Mr Lenkei could hear  
,', said Dr Llewellyn-Clerk, 'but half way  
through the operation, he said "How's it  
going?"' That's when the doctor  
realised that Lenkei was not  
25 pain. The operation  
lasted 83 minutes.

3 Mr Lenkei started hypnotising  
people he was sixteen  
and is now an expert. It wasn't  
30 first operation without  
anaesthetic. In 1996, a friend  
hypnotised before a thirty-  
minute operation on his stomach.  
Both operations successful,  
35 so Lenkei had third operation  
without anaesthetic. In 2013, this  
time on his ankle, which also  
went well.

