

Examenul de bacalaureat național 2014

Proba C

**de evaluare a competențelor lingvistice într-o limbă de circulație internațională
studiată pe parcursul învățământului liceal**

Proba scrisă la Limba engleză

Toate filierele, profilurile și specializările/ calificările

Varianta 9

- Toate subiectele sunt obligatorii.
- Timpul efectiv de lucru este de 120 de minute.

ÎNȚELEGEREA TEXTULUI CITIT

SUBIECTUL I

(40 de puncte)

Read the text below. Are the sentences 1-5 'Right' (A) or 'Wrong' (B)? If there is not enough information to answer 'Right' (A) or 'Wrong' (B), choose 'Doesn't say' (C). Mark A, B or C on your exam sheet.

Britain's three-time Olympic javelin thrower Goldie Sayers has said she does not want an elbow injury to put an end to her career and will be pursuing a place at Rio 2016. Sayers, 30, from Cambridge, competed at London 2012 with a torn elbow ligament. She told BBC Look East: "I'd hate to be in a position where my career was over through injury, not through choice. I think I'll get fit again post-surgery, but it's quite a tricky joint. I'm still very motivated."

The summer was a mixed one for Sayers, who finished fourth in the European Championships before breaking her own British record with a throw of 66.17m at the London Diamond League Meeting in July, a month before the Olympics. But she ruptured an elbow ligament at the event and, despite being cleared to compete at the Games, exacerbated the injury and failed to qualify for the final.

"I had the operation three months ago but it's been a bit trickier than previous operations to get back to full fitness," said the British number one. "I'm still rehabbing and hoping to be back in full training by January."

(adapted from www.bbc.co.uk)

1. Goldie Sayers will give up her career following her elbow injury.

A. Right B. Wrong C. Doesn't say

2. Sayers is thirty years old.

A. Right B. Wrong C. Doesn't say

3. Goldie Sayers broke the record of another javelin thrower at the London Diamond League Meeting.

A. Right B. Wrong C. Doesn't say

4. Sayers had the surgery in her hometown.
- A. Right B. Wrong C. Doesn't say
5. Getting back to full fitness has been easier than in the case of previous operations.
- A. Right B. Wrong C. Doesn't say

SUBIECTUL al II-lea

(60 de puncte)

Read the text below. For question 1 – 10, choose the answer (A, B, C or D) which you think fits best according to the text.

Who's feeling stressed? Young adults, new survey shows

Stress levels for Americans have taken a decidedly downward turn across the USA — except for young adults, whose stress is higher than the national norm, says a survey to be released Thursday. Those aged 18-33 — the Millennial generation — are plenty stressed. (...) On a 10-point scale, where 1 means "little or no stress" and 10 means "a great deal of stress," the 2012 average is 4.9. But for Millennials, it's 5.4.

"Younger people do tend to be more stressed than older people do. It may be they are more willing to admit to it. It may be a phase of life. They just don't know where they're going in life," says Mike Hais of Arcadia, Calif., a market researcher and co-author of two books on that generation, including 2011's *Millennial Momentum*. But for this group, there is more cause for worry, Hais says. "Millennials are growing up at a tough time. They were sheltered in many ways, with a lot of high expectations for what they should achieve. Individual failure is difficult to accept when confronted with a sense you're an important person and expected to achieve. Even though, in most instances, it's not their fault — the economy collapsed just as many of them were getting out of college and coming of age — that does lead to a greater sense of stress," he says. (...)

But the stress can become too much and lead to other problems, suggests clinical psychologist Norman Anderson, CEO of the Washington, D.C.-based psychological association. "Stress is a risk factor for both depression and anxiety," he says. "We don't have data on the specific causes of depression and anxiety in this sample, but it does make sense scientifically that the Millennials who report higher levels of stress in their lives are also reporting higher levels of depression and anxiety." (...). Ronald Kessler of Harvard Medical School in Boston, who has studied the prevalence of mental disorders in the USA, says it is difficult to know whether young people are more troubled today, because few surveys in the past asked the questions to provide a valid long-term look at depression and anxiety disorders. (...) Kessler says young people do have higher rates of anxiety and depression, but rates go down in middle age and then rise again in the late 70s. And a new generation of doctors is more willing to discuss mental health, he says. "Anybody who has anxiety or depression today would be more likely to be told they have it than if they went to a doctor 20 years ago."

To cope with stress, Millennials are more likely to report sedentary behaviours, such as eating (36%) or playing video games or surfing the Internet (41%), the survey finds. But the most common coping mechanism is listening to music, cited by 59% of young adults; 51% exercise or walk, about the same as the national average (52%). "They also showed the highest level (compared with other generations) of spending time with friends and family as a way of coping with stress, which is very good," says Anderson. Forty-six per cent cited that, compared with 35%-38% of the other groups and a national average of 39%.

(www.usatoday.com)

1. What is the main idea of the article?
 - A. Stress affects people's lives all over the world.
 - B. The level of stress is higher for young adults in USA.
 - C. The level of stress is getting higher for all Americans.
 - D. The level of stress is getting lower for all Americans.
2. Millennials' level of stress is
 - A. lower than the average one.
 - B. twice as much as the average one.
 - C. the same as the average one.
 - D. higher than the average one.
3. According to Mike Hais,
 - A. younger people may not be so stressed when they are older.
 - B. younger people may want to admit they are less stressed.
 - C. younger people's expectations are not too high.
 - D. younger people tend to be less stressed than older people.
4. In Mike Hais's opinion, young Americans' failure
 - A. is entirely their fault.
 - B. is also a result of their upbringing.
 - C. doesn't affect them too much.
 - D. is easily accepted by their parents.
5. What can be associated with stress, according to Norman Anderson?
 - A. Heart problems.
 - B. Many rare diseases.
 - C. Mental disorders.
 - D. Incurable illnesses.
6. Ronald Kessler
 - A. agrees that young people are more troubled today.
 - B. has doubts about young people being more troubled today .
 - C. does not share his ideas about anxiety with his fellow colleagues.
 - D. considers that stress is responsible for many mental disorders.
7. What happens to the rates of depression and anxiety in middle age?
 - A. They rise sharply.
 - B. They don't change.
 - C. They increase.
 - D. They decrease.

8. What does Kessler say about doctors nowadays?
- A. They are stressed, too.
 - B. They have more patients.
 - C. They are more open.
 - D. They are better paid.
9. What is the Millennials' favourite way of coping with stress?
- A. Video games.
 - B. Listening to music.
 - C. Exercising and walking.
 - D. Eating.
10. The tone and style of the writer of this article are
- A. subjective and informal.
 - B. ironic and formal.
 - C. objective and informal.
 - D. objective and formal.

PRODUCEREA DE MESAJE SCRISE

SUBIECTUL I (40 de puncte)

You have recently decided to go on a trip to Sinaia. Your penfriend wants to come as well, but he/she needs more details. Using the following information, write a letter to your penfriend, providing him/her with the relevant details: *7 am train station, bring your ID card, pocket money and snacks, back by 11 pm, phone Mr Ionescu to book a room.*

N.B. Your name is Alexandru/Alexandra and your penfriend's name is Paul/Paula.

SUBIECTUL al II-lea (60 de puncte)

You have recently had a class discussion on the importance of self-discipline in any human activity. Your teacher has asked you to write an essay, giving your opinion on the following statement: *Everyone wants success, but many lack the self-discipline to become successful.*

Write your essay in 180 - 200 words.