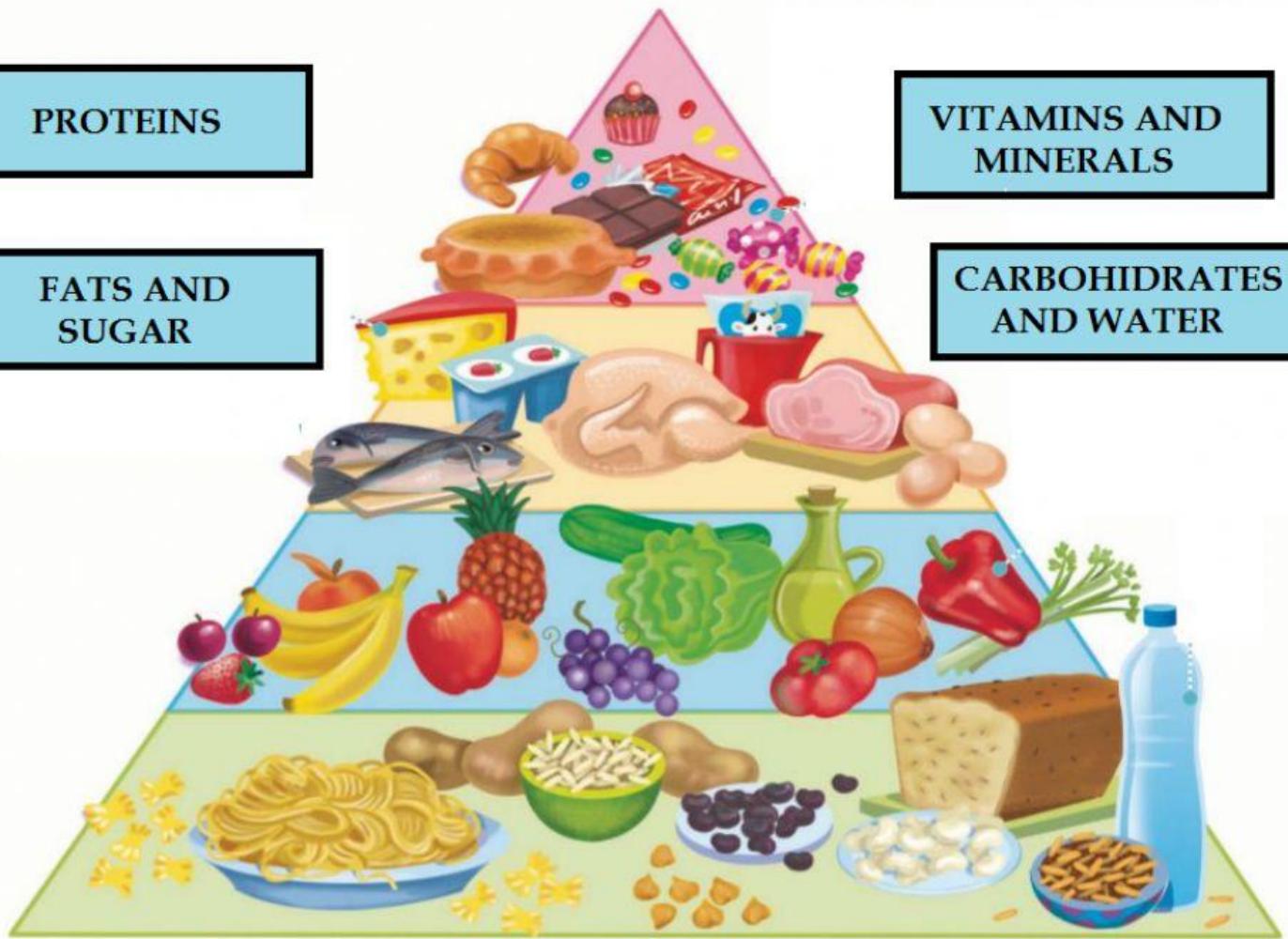


PROTEINS

VITAMINS AND
MINERALS

FATS AND
SUGAR

CARBOHIDRATES
AND WATER



THE FOOD PYRAMID