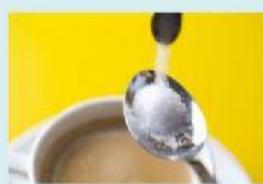


MATCH THE PICTURES WITH THE CORRECT EXPRESSIONS



Talk to someone you trust if you're feeling down



Prepare your food correctly      Don't smoke



Cover your mouth when coughing or sneezing



Consume less salt and sugar      Be active

Take antibiotics only as prescribed

Drink only safe water

Clean your hands properly

Have regular check-ups

Avoid harmful use of alcohol

Eat a healthy diet