

## Choose the right phrase and finish the sentences.



ate snacks between meals    slept only a few hours    he always took the stairs    public places  
took extra vitamins    did exercise every week    tried to change their habits  
sat at a computer for 6 hours    tried to reduce    wrote an essay in 20 min

1. You cannot smoke in \_\_\_\_\_.
2. As he wanted to stay fit and healthy, \_\_\_\_\_.
3. He was really fat because he \_\_\_\_\_.
4. Those people who said they were tired all the time, \_\_\_\_\_.
5. My father got some overweight that's why he \_\_\_\_\_ sugar in his food.
6. She damaged her eyes because she \_\_\_\_\_ a day.
7. My friend Sam likes doing sports all the time, and as he was on holiday, he \_\_\_\_\_.
8. Aunt Lucy and uncle John \_\_\_\_\_ and started walking instead of driving. They also eat healthy food.
9. I \_\_\_\_\_ last year and didn't get ill.
10. I still can't understand how she \_\_\_\_\_ . It's unbelievable.



Good luck 😊 😊 😊