

Junior 4

Final Exam

1. Read the text and choose the correct word for each space

***Claudia Fragapane,
GYMNASTICS GOLD***



The tiny gymnastics star Claudia Fragapane is ¹..... A..... 1.38 metres tall. But this ¹..... 16-year-old has aimed high! In 2014, she ²..... the first English woman in 84 years to ³..... four gold medals at the Commonwealth Games. This was just her second competition at senior level, so her ⁴..... are amazing.

⁵..... the Commonwealth Games, Claudia's parents had a surprise party for her, and around 300 people ⁶..... to celebrate her success. There was a big cake, but Claudia didn't have ⁷..... time to eat any because she was busy talking to everyone!

She is now preparing for future gymnastics events, ⁸..... wants to help children in her local gym as well. She still trains in Bristol, the city in the west of England ⁹..... she lives. She has two ¹⁰....., Helen Potter and Rory Weavers, who are both very proud of her.

0. A. only	B. even	C. also	D. less
1. A. curly	B. clear	C. confident.	D. central
2. A. started	B. became	C. happened	D. began
3. A. buy	B. play	C. win	D. make
4. A. matches	B. points	C. events	D. results
5. A. Over	B. After	C. Past	D. Between
6. A. came	B. turned	C. found	D. reached
7. A. too	B. several	C. all	D. enough
8. A. or	B. so	C. but	D. if
9. A. what	B. where	C. which	D. when
10. A. coaches	B. teams	C. captains	D. members

2 Read the news report and decide if the ideas are correct or incorrect

[News Home](#) | [World News](#) | [Headlines](#) | [Pictures](#)

Last Updated Tues 31st

We will live for 1,000 years

How long do you expect to live for? In 1900, many people died at the age of about 50. Today, people often live for 80 years or more and doctors predict that most young people today will live to be over 100. But how much longer can people live? Some scientists believe that in the future, humans will live for 1,000 years! Dr Aubrey de Grey compares the human body with a car. Most cars last 10–15 years, but some cars are 100 years old and they're still as good as new. Why? Because their owners have repaired them and looked after them carefully. Dr de Grey believes that people can look after the human body in the same way. Scientists are now inventing drugs that can completely repair old or damaged parts of our bodies. With these drugs, people aren't going to die from



common diseases. Their bodies are going to stay young and healthy.

But will it really be possible to keep people alive for 1,000 years? According to Dr de Grey, the technology to make these drugs already exists. Of course, scientists are going to do more tests on the drugs, but Dr de Grey predicts people are going to start taking them in the next few years. However, he warns that people won't live for ever. Although people won't die from old age, there will still be accidents. So the message is still to enjoy your life and make the most of it!

Comments (43)

I don't think people will live for 1,000 years. People have predicted things like this before. Dr de Grey isn't the first, and he won't be the last, person to make such promises.

Simone, Peterborough, UK

People want to live for ever, but it's impossible. You shouldn't believe everything you read!

Hannah, Sydney, Australia

I think de Grey is right. I think I'll find out more about these drugs! I think scientists will discover how to 'cure' old age one day, but not so soon. Millions of people die every year – from cancer, for instance, and we can't even cure them yet. Let's cure real diseases first!

Damian, Camden, London

1. In 1900, may people live for 80 years. **True / False**
2. People usually use their cars for about 30 years. **True / False**
3. According to Dr de Grey, scientists have already created drugs to completely repair old and damaged parts of our body. **True / False**
4. Dr de Grey says that in the future people won't die from common illnesses. **True / False**
5. He says that people will start taking these drugs very soon. **True / False**
6. According to Dr de Grey, one day people will live forever. **True / False**

3. Read and choose the right answer

Just luck?

Not everyone agrees on what is lucky or unlucky. 'If a black cat walks in front of you, it'll bring good luck.' That's true in the UK, but Americans think the opposite. For Russians, a grey cat is lucky and for the Chinese, it's a red bat. They can't all be right! Why do some people believe certain things are lucky or unlucky? We don't know for sure, but we can probably explain *some* ideas about luck.

In the past, people thought that being healthy or **happy** was all because of luck. British people followed the old idea that 'An apple a day keeps the doctor away.' Now we know apples aren't lucky, they're just healthy. So you're more likely to be healthy if you eat lots of apples.

People also used ideas about luck to avoid danger. The traditional idea that 'If you walk under a ladder, you'll have bad luck' is easy to explain for this reason. It isn't a good idea just in case something falls on your head!

People who did dangerous jobs also believed in the 'good luck' that kept them safe. Sailors always said, 'If you see a dolphin, your ship won't sink.' They believed these friendly animals brought good luck. Now we know that dolphins like staying near the coast. If you're lost and you see dolphins, luckily you're probably close to the coast – and you're also probably safe.

So, a lot of ideas about luck are not as silly as they seem, and sometimes science can explain why a traditional idea works.

For example, it seems that the old phrase, 'You'll have bad luck if you get out of bed on the wrong side' may have some truth in it. Scientists now know that when we always do things in the same way, our mind works better. Maybe as science understands more about us and our world, we'll find that most traditional ideas about luck are also based on facts.



1.are considered unlucky in the USA.

Black cats

Red bats

Grey cats

Red cats

2. In the past, British people thought that apples were...

Unlucky

Lucky

Better than doctors

Bad for you

3. It's unlucky to walk under a ladder because...

You could fall over

The ladder could fall

Things might fall on you

You might hurt someone

4. Dolphins...

Often swim close to boats

Are friendly

Aren't safe

Are silly

5. Scientists agree it is a good idea to....things each day.

Avoid difficult

Try new

Work hard

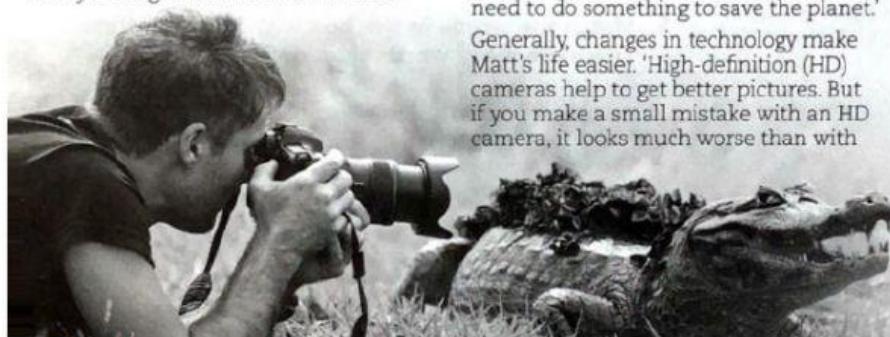
Do the same

4. Read and choose the right option

LIFE BEHIND THE CAMERA

Matt Howard is a cameraman who works on nature documentaries. He has **filmed all over the world in jungles, rainforests and deserts. Here he tells us about his job.**

'To film nature documentaries, it's important to be good with a camera, obviously. But, in my opinion, it's more important to be interested in plants and animals. If you aren't, the work can be really boring. To make a two-minute



film of a bird, insect or animal, you can sometimes spend a day or a week looking for them. And animals aren't like actors. They don't just appear when you want them to. Sometimes they never appear!'

Matt knows that his job is very important. When he travels to ice caps or deserts, he sees that the environment is changing. His job is to film a world that may disappear one day. If the environment continues to change because of global warming, the only place where you'll be able to see some animals and insects is in nature documentaries. I hope our work helps people to understand that we all need to do something to save the planet.' Generally, changes in technology make Matt's life easier. 'High-definition (HD) cameras help to get better pictures. But if you make a small mistake with an HD camera, it looks much worse than with

an old camera. It's true that the new cameras aren't as heavy as the old ones.' But sometimes Matt carries 35 kilos, climbs up a mountain, and tries to film at the same time!

Matt knows what he wants when he makes films. 'I want to film things that people have never seen before. Or I want to film things they've seen, but in a new way. I want it to be a unique experience for the people watching.' In the future, Matt hopes to do more work filming underwater. He thinks this will be very exciting for him and for viewers. New technology is making underwater filming more and more interesting.

And the scariest experience he's ever had? 'We were making a TV programme about polar bears in the Arctic ice cap. We weren't filming at the time, we were sleeping. Suddenly I heard the sound of a polar bear right next to my ear. I was too frightened to open my eyes. It stayed there for five minutes and then left. Believe me, they were the longest five minutes of my life!'

1. Matt says that...

- a. he doesn't like his job very much because it isn't very exciting
- b. it can take a long time to make a short film.
- c. the most important thing in his job is the camera.

2. Matt also says animals...

- a. don't always do what you want.
- b. don't like actors.
- c. don't like appearing in films.

3. Matt thinks his work is important because...

- a. he is protecting some animals, insects and plants
- b. it may be the only way that people can see some animals and insects in the future.
- c. he makes programmes about saving the planet.

4. Matt thinks that new HD cameras...

- a. always take better pictures than old cameras.
- b. are lighter than old cameras.
- c. usually take worse pictures than old cameras

5. Matt...

- a. wants people to see something new and different when they watch his work.
- b. has done a lot of work underwater.
- c. thinks cameramen need more advanced technology.

6. A few years ago Matt...

- a. had a frightening experience when a polar bear came too close.
- b. became frightened of filming polar bear.
- c. couldn't sleep because of the noise polar bears made.

5. This is a part of a letter you received from an English friend.

I know you often watch series on Netflix. Tell me about the last series you saw.

Did you enjoy it?