

Walk the Talk – Start Small



walk – cycle – cars – release – carbon dioxide



energy saving – light bulbs – save money
– save environment



plant trees – absorb carbon dioxide –
produce oxygen – beautify – air fresh



buy – recycled products – reduce carbon
emissions – recycled products – less
energy – manufacture

There are many little things we can do in our daily _____ that will not cost us much but will certainly make a big _____ to our environment. Firstly, walk or cycle instead of driving a car when moving around to buy your newspaper or groceries. Cars _____ carbon dioxide into the _____. Walking is not only good for the _____, it is also good for your _____.

atmosphere
health
difference
release
activities
environment

Secondly, use _____ saving light bulbs instead of normal light bulbs. You may be paying a little more but you are certainly making the environment _____. Clean your light bulbs because dirty and _____ light bulbs are not _____ and make you think you need to _____ them with higher _____ ones.

cleaner
energy
bright
voltage
dusty
replace

Thirdly, _____ trees as they _____
the carbon dioxide from the air and use it as their
energy _____, producing _____ for us
to _____. Trees and plants also _____
our surroundings and make the air fresh.

breathe
absorb
oxygen
plant
beautify
source

Lastly, _____ and use recycled products. Products made from recycled paper, glass, metal and plastic reduce carbon _____ because they use less energy to _____ than products made from completely new materials. We can change our environment by making these small but _____ changes in our lives.

manufacture
emissions
recycle
significant