Test unit 3 – Steps Plus dla klasy 7

	1 Uzupełnij definicje.	3	Uzupełnij tekst formami much, many, a lot of lub lots of, a few i a little.
	1 A <u>tomato</u> is a round red fruit we use as a vegetable.		can't stand my local grocery store. They haven't
	2 A is a long green salad vegetable.		got ¹ <i>much</i> fresh food; there are only
	3 can be spicy and contain meat from		² vegetables, usually some old onions
			or carrots, and there isn't 3 cheese,
	a pig.		butter or milk. I sometimes buy ⁴ cola
	4 is a type of fish and has a pink		
	colour.		there; only one or two cans because it's very
	5 An is a round vegetable we often		expensive. The food costs 5 money and
	use fried in a tomato sauce on pasta.		it's bad quality. That's why they haven't got
	6 Chickens give us		6 customers!
	5	Ų.	5
	2 Zakreśl właściwą opcję.	4	Popraw błędy. Napisz poprawne zdania.
	 Pass me the glass / bottle / packet of water, please. 		1 I can't do this exercise; it's too much difficult. I can't do this exercise; it's too difficult.
	2 Mum always adds / mixes / peels the carrots		2 You're putting too cheese in your soup!
	before she cooks them.		3 He has one glass a day. He doesn't drink too
	3 We need to add / cut / peel the onions to the meat.		water.
	4 Please can you cut / mix / peel the bread?		4 That's expensive! It costs too money.
	5 Let's open a bunch / tin / glass of soup.		
	6 I've got a slice / bunch / bottle of pizza.		5 Let's go, there are too much people here.
	5		6 This jacket is very small; it's not enough big for me.
			5
			6 Ułóż kwestie dialogu w poprawnej kolejności.
U	zupełnij zdania wyrazami z ramki.		A Wow! That's too much for me! I have a
	as expensive more most than the		bowl of soup and a slice of bread.
1	Salmon is less <u>expensive</u> now than in the		B That's good. I eat some pasta with a little cheese in the evening. And then I often have some yoghurt with honey.
	past.		C Me? Oh, I just have a little fruit and a cup
2	The durian is one of the expensive		of hot water. What do you have for lunch?
2	fruits in the world.		D And what about dinner? I often eat pizza
3	According to a survey, potatoes are		with chips, but I eat a lot of salad, too.
1	popular than any other vegetable in the UK. The artichoke is most unpopular		_1_ E I love breakfast. Every morning, I have
•	vegetable in the UK.		two eggs, toast with butter and strawberry jam, and a glass of orange juice. What
5	Is a fish diet cheaper a diet with lots		about you?
-	of meat in it?		F Really? That's too little for me! I often
6	A sausage isn't as healthy a salad.		have a big bowl of pasta with lots of
			cheese. And then I eat a few biscuits after
	5		5

- 7 Oznacz zdania literami T (true prawda), F (false falsz) lub NG (not given nie podano).
 - Some food blogs only have chicken recipes.
 NG
 - 2 Alessandra Peters was in hospital when she decided to change her eating habits.
 - 3 When she started cooking her meals, she started to feel well again. ____
 - 4 A big publishing company wanted to work with her.
 - 5 All her recipes use salads and fruit.
 - 6 Alessandra believes that some types of food are bad for you.



The Foodie Teen

Food is an obsession on the Internet! Lots of people share photos of their meals. There are also hundreds of food blogs with recipes for anything from vegan pizza to fried chicken. But not many of those 'foodie' bloggers are teenagers!

When Alessandra Peters was about fourteen, she was very ill. She was thin and she didn't have much energy, so she couldn't go to school. A doctor diagnosed her with a lot of food allergies, so she decided to change her eating habits.

Alessandra wanted to know exactly what was in her food, so she stopped eating fast food and she learned to cook. Her health improved, and her friends and family liked her recipes, so she started a blog called *The Foodie Teen*. In her blog, she shared her recipes and opinions about healthy eating, and it soon attracted thousands of followers. Alessandra started to receive positive messages from other teenagers with food allergies. The messages inspired her to continue with the blog. She was happy that she could help other people with it.

When Alessandra was seventeen, a big publishing company contacted her and asked her to write a cookery book. She was very surprised, but the book was a big success.

The recipes in *The Foodie Teen* cookery book don't have any sugar, milk or gluten in them. But the difference between Alessandra and lots of other food bloggers is that her recipes include burgers, cakes and chocolate – not just salads and fruit.

Alessandra knows that what you eat can affect your life, but she doesn't believe that any foods are 'good' or 'bad'. Everybody needs a few treats now and then!

- 8 04 Posłuchaj rozmowy o owocu nazywanym durianem. Zakreśl właściwą opcję.
 - 1 The durian smells horrible nice.
 - 2 It's normal / unusual to cook a durian.
 - 3 You can / can't use it in medicine.
 - 4 They are / aren't popular in China
 - 5 One person paid about €50,000 / €60,000 for a durian.
 - 6 In some countries, you can / can't eat it on public transport.