



COMPLETE WITH 'HAVE TO-DON'T HAVE-CAN-CAN'T'

LIVING WITH CORONOVIRUS

- 1) On public transport and in many indoor spaces, you wear a mask all times outside the home throughout Turkey.
- 2) You smoke in open areas (streets, avenues and other open public areas). It is banned.
- 3) You only buy takeaway food from restaurants .You sit and eat something.
- 4) From 1 December, Turkish citizens and residents get a HES (Hayat Eve Siğar) Code to enter shopping malls. You get that code through the e-Devlet system, the 'Hayat Eve Siğar' smartphone application and by SMS.
- 5) On weekdays, the curfew lasts from 9pm until 5am the following morning; and
On weekends the curfew lasts from 9pm on Friday evening until 5am on Monday morning. So, you go out during the curfew. However, a tourist obey the curfew.
- 6) You see friends and family you do not live with in some outdoor public places, but in a group of up to 6. This limit of 6 includes children of any age. The police take action against you if you meet in larger groups.
- 7) If you are working indoors, you open windows to increase the amount of outdoor air.
- 8) The virus spread from an infected person's mouth or nose in small liquid particles when they cough, sneeze, speak, sing or breathe heavily. Other people catch COVID-19 when the virus gets into their mouth, nose or eyes,
- 9) Travel increase your chance of getting and spreading COVID-19. So, staying home is the best way to protect yourself and others from COVID-19. But if you travel in case of necessity, talk to your doctor ahead of travel, especially if you are at increased risk for severe illness from COVID-19.
- 10) You wear a mask when you are alone.
- 11) You go to the shops for shopping. You order online to your house. There are lots of online markets.
- 12) If your test result is positive; you isolate yourself immediately, and follow public health recommendations.
- 13) If you are over 65, you go outside after 1pm unless you are going out to work. And if you were born after 1 January 2001 you go outside between 1pm and 4pm unless you are going out to work.
- 14) Those aged over 65 and under 20 take public transport. It's forbidden.
- 15) Hands touch many surfaces and pick up viruses. So, regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.
- 16) In case of self-isolation, you go out to work or school. And also you visit public areas.