



Directorate General of Education
Al Burami Governorate
Azzan Bin Qais school (10-12)



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Listen to the interview with Marina White talking about shyness and answer the questions below.

1- What is Marina White's profession?

- (a) singer (b) writer (c) actress (d) teacher

2 Has she ever suffered from shyness?

- (a) Yes (b) No

3 -According to Marina, many famous people are:

- (a) shy (b) not shy (c) over confident (d) not confident enough

4- Which of the following ways does she suggest to cure shyness? Tick the boxes.

- A) Don't think about yourself when you are talking to someone else. ☐
- B) Show the person you are talking to that you are interested in what they are saying. ☐
- C) Always say hello to people. ☐
- D) Smile and make eye contact. ☐
- E) Ask questions and listen to answers. ☐
- F) Talk to at least one new person every day. ☐
- G) Find a good role model to copy. ☐