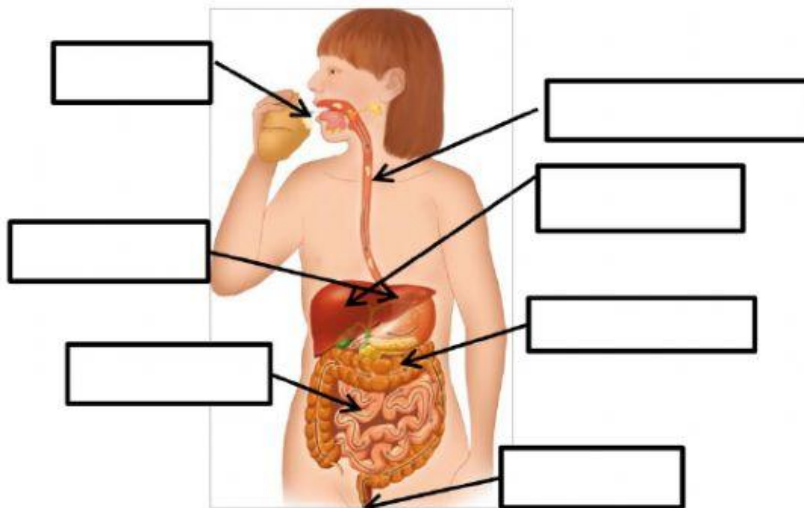


Name: _____ Surname: _____

Date: _____ Number list: _____

1.- Order the stages of digestion from 1 to 7.

- _____ The food passes through the small intestine.
- _____ The food passes through the esophagus.
- _____ The food passes into the large intestine.
- _____ In the mouth the food is crushed and mixed with saliva.
- _____ The waste passes through the rectum and is expelled.
- _____ The food mixes with gastric juices in the stomach.
- _____ The liver produces bile.



2.- Write the titles of the 3 stages of digestion

3

Undigested food is transformed into faeces.

1

Food is crushed and broken down in the mouth and the stomach.

2

Nutrients are absorbed in the small intestine and pass into the blood.

3.- Complete the sentences.

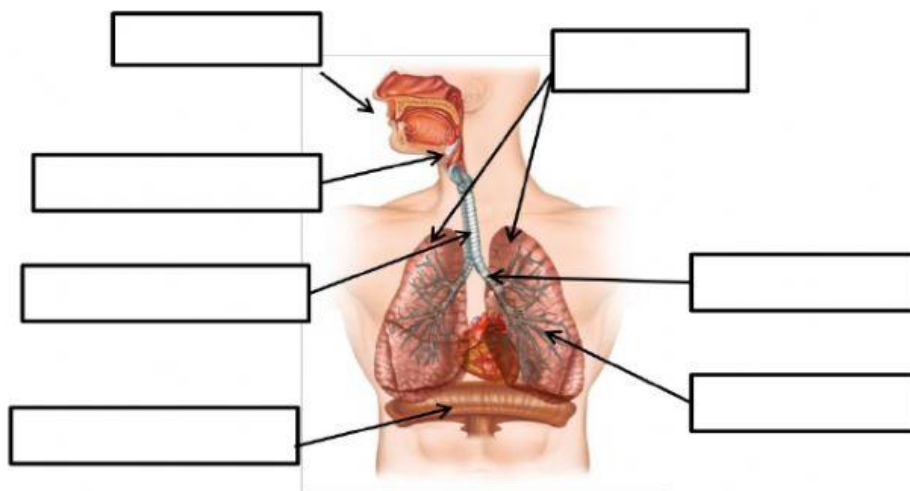
a) It is important to eat vitamins, because _____.

b) Junk food is bad for us because it contains _____.

c) For a healthy diet, we should eat a lot of _____ and not too much _____.

4.- Order the sentences from 1 to 6:

- _____ We breathe out and expel carbon dioxide.
- _____ Oxygen is absorbed into the blood.
- _____ The air passes from the bronchi into the bronchioles.
- _____ The air travels down the trachea into the bronchi.
- _____ As we breathe in, air goes into our mouth and nose.
- _____ Carbon dioxide passes from the blood to the bronchioles.



5.- Answer the questions

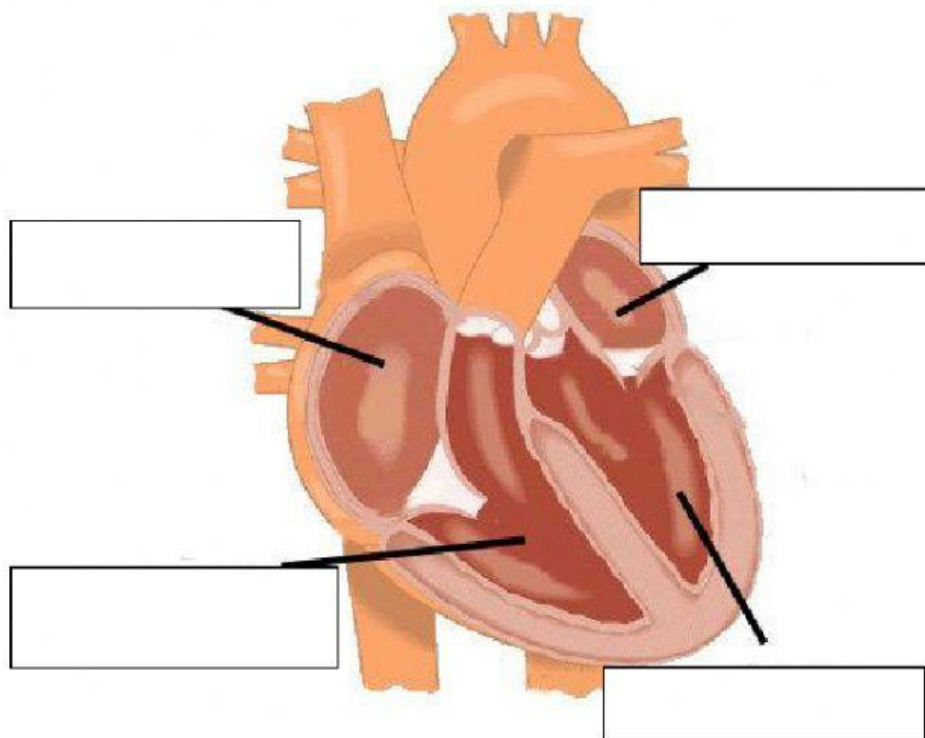
- Where is there an exchange of carbon dioxide and oxygen?

- What do we expel when we breathe?

- What muscles help us to breathe?

6.- Choose True or False

- Oxygen is transported to our joints and muscles by the circulatory system. T / F
- Blood travels around our body through tubes called the ventricles T / F
- Arteries carry blood back to the heart. T / F
- The heart has 4 chambers T / F

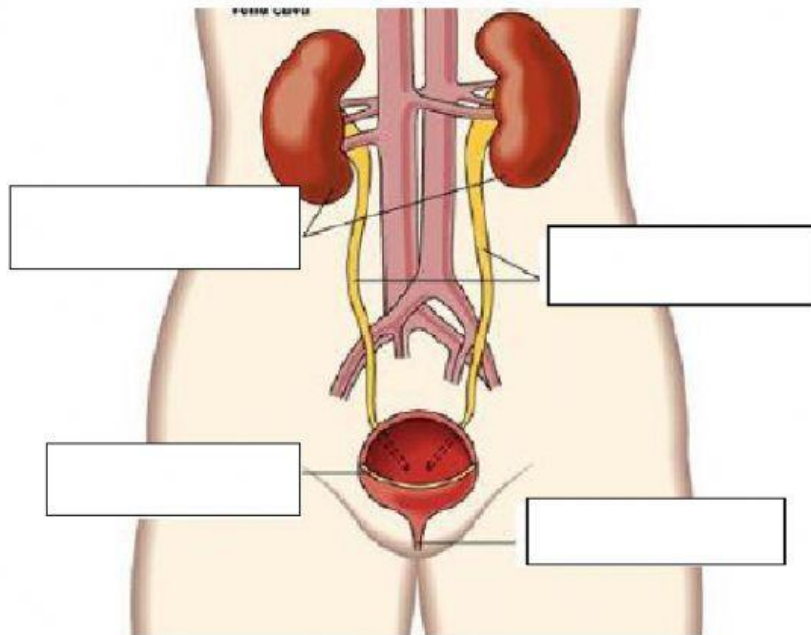


7.- Complete the table with the information of the 3 blood cells

They oxygen and transport it to	They fight and In our blood, they attack	They stop By sticking to each other, and to , they form a

8.- Complete

- Tubes that carry the urine from the kidneys to the bladder _____
- They filter the waste out of you blood: _____
- Urine comes out of the body through this tube: _____
- A liquid stored in the bladder: _____
- The _____ is where solid waste, or faeces, is stored
- The _____ absorbs nutrients from the food we eat



9.-Choose True or False

- | | |
|---|-----|
| It's unhealthy to drink a lot of water | T/F |
| Sleeping 8 hours is enough | T/F |
| Eating a lot sugar is unhealthy | T/F |
| Brushing your teeth once a day is healthy | T/F |

10.- Answer the questions

- What do we use to cure bacterial infections? _____
- What did Eduard Jenner invented? _____
- What do vaccines do to protect us from diseases?

11:- Put in order the stages of recovery position

- _____ Take the arm nearest you and put it at a right angle to their body with their hand facing upwards.
- _____ Move the person onto their side. Gently tilt the head back to open the trachea.
- _____ Bend their knee and stay with the person until help arrives
- _____ The person should be lying on their back..
- _____ Check the person breathing